



***New England Region
American Music Therapy Association
Spring Conference:***

"Finding Balance at the Equinox"

*Equinox Resort a Luxury Collection Golf and Spa
Manchester Village, Vermont*

March 29-31, 2012

Dear Music Therapists and Friends,

The conference committee is pleased to invite you to our 2012 spring conference, "Finding Balance at the Equinox", March 29-31, 2012 at the beautiful Equinox Resort and Spa in Manchester Village, Vermont. The roots of today's 2,300-acre Equinox Golf Resort & Spa date back to 1769, when the town of Manchester was just shy of a decade old. The original structure, one of Manchester's first lodgings, was a wooden, two-story building called the Marsh Tavern.

The name "Equinox" first emerged in 1853, when owner Franklin Orvis opened his own hotel, the "Equinox House," in his father's home next door to the Marsh Tavern. The hotel's reputation as a premier summer resort was solidified in 1863, when Mrs. Abraham Lincoln and her two sons vacationed there.

We again are fortunate this year to have a multitude of CMTE offerings on Thursday and Saturday afternoon. We feel the offerings are exceptional and are offered by experts both from our region and beyond. Including topics on Neurologic Music Therapy, Spiritual Health, Vocal Improvisation, Autism and the Brain, and many, many more!

Get a chance to learn the basics about Technology! This year we are offering a Music Technology Track featuring Kimberly Khare, MA, CMT; Lorrie Kubicek, MT-BC; & Heather Wagner, MMT, MT-BC. In three presentations, learn the basics of two Apple programs and their clinical applications in music therapy. Come to all or pick and choose from sessions on GarageBand, podcasting (using GarageBand) and iMovie. These presentations will be hands-on, so bring your Mac, your projects or ideas, and your questions. These programs can be used with a variety of clientele of all ages, and can be tailored to meet a host of clinical goals.

Due to the success of last year's banquet, we've decided to make it a tradition. We again are offering a banquet on Thursday evening as a way to kick off our conference in style.

After a long day of CMTE's, we hope you will join us for a sumptuous banquet in a relaxed atmosphere. For \$45, you will have your choice of entrée. After dinner, please join us for a "Circle of Friendship" around the outdoor bonfire, enjoy the decadent dessert bar, and join your colleagues in a special song circle, led by our very own **Carylbeth Thomas**. Please note that even if you do not attend the banquet, you are most welcome and encouraged to attend the outdoor bonfire and song circle!

An AMTA Town Hall Meeting is slated for Friday 5:45-6:45pm. AMTA's Education and Training Advisory Board (ETAB) representatives Jane Creagan and Donna Polen will be present to discuss the Master's Level Entry Considerations. Please join us to further discuss this topic.

As usual, your conference registration offers many extras, including continental breakfast on Friday morning, our business luncheon on Friday afternoon, networking breakfast on Saturday morning, and refreshments throughout the conference. Back by popular demand, boxed lunches will be available for purchase between CMTE courses on Thursday and Saturday afternoon. And of course, we hope you will share your talents with us at our ever-amazing Friday evening Cabaret.

Included in this document is a tentative schedule and CMTE descriptions.

We look forward to seeing you at the conference!

Judy Engel, MM, MT-BC
Neonatal Intensive Care Music Therapist, Fellow
Vice President, NER AMTA

Alden Rockwell Murphy, MMT, MT-BC
Neurologic Music Therapist
Vice President-Elect, NER AMTA

Thursday, March 29, 2012

6:30-8:00am Registration Open and Continental Breakfast

8:00-1:00pm CMTE Courses (A, & B) Description on page 11
Boxed Lunches available, reserve at Registration table

9:00-12:00pm CMTE Course (C) Description on page 11

12:00-5:00pm Registration Open

2:00-7:00pm CMTE Courses (D, E, &F) Description on page 11

7:30pm Banquet-Optional \$45 per attendee, Dessert Bar included

9:00-11:00pm Circle of Friendship- All are Invited!!
Outdoor Bonfire and Song Circle-Led by **Carylbeth Thomas**

Friday, March 30, 2012

7:30am-12:00pm Registration Open,
Continental Breakfast (included in Registration)

9:00-10:30am Concurrent Sessions

Kimberly Khare, MA, CMT

Everyday Obstacles--The Songs We Write, the Change We Make

"Everyday Obstacles" is an HIV+ youth's journey through songwriting, recording, performance and change. He has participated in Song.Studio--a music therapy approach that situates youth at the center of producing original music that helps them realize and actualize their life narrative. Presentation will focus on youth's interpersonal process and clinical song production strategies learned during sessions. Presider: Lorrie Kubicek, MT-BC

Patricia Zarate, MT-BC

How Music Therapy Breaks the Cycle of Extreme Poverty in Latin America

Extreme poverty in Latin America will be discussed with specific examples from Panama. The definition of extreme poverty, the damage these communities suffer, and how music therapy can break the circle of poverty will be presented with specific examples of children who have broken the cycle.

Heather Smist, Certified Yoga Teacher, and Suzanne Hanser, Ed.D., MT-BC

Exploring the Applications of Yoga to Music Therapy

In the field of music therapy, the possibilities for treatment methods are expansive and growing. This experiential presentation explores the application of yogic practices and principles, specifically

meditation, breath, movement, and chant, to music therapy with the purpose of deepening its efficacy in the promotion of relaxation, emotional wellbeing, and quality of life.

Presenter: Peggy Coddling, BME, MM, PhD, MT-BC

Marcia Lajoie, MM, MT-BC and Jon Adams, B Music Ed. and Composition

So You Want to Be a Rock Star Don't We All!

In this presentation, we will form our own makeshift band and jam on some classic rock tunes using a variety of alternative, accessible musical instruments, including switches, iOS devices and modified Wii Rock Band instruments. We will share our experiences creating a rock band with teenagers with physical and cognitive challenges and discuss the costs and benefits of the program. Participants are encouraged to bring their own iPod Touch/iPhone/iPad if they have them.

Presenter: Eve Montague, MSM, MT-BC

Dennis Waring, Ph.D.

From Trash To Tunes

Recycling trash into musical instruments is creative, fun and therapeutic. Dennis Waring can show you how to produce great music from a bleach bottle banjo, water pipe recorder, tin can drum set, scrap wood xylophone, washtub bass and many other homemade instruments. Combining the themes of music, science, ecology and socialization, Dr. Waring's entertaining and informative show demonstrates how easy and fun it is. You have to see it to believe it.

10:45-11:45am Concurrent Sessions

Krystal Demaine, M.Ed, MT-BC, PhD Candidate, Neurologic Music Therapist-Fellow

Music in the Creative (Expressive)Arts Therapies

What is creative/expressive arts therapy and what role does music play? Through experiential activity, film, and discussion, we will examine the history and practice of these fields and identify the relationships, commonalities, and questions. We will examine integrated arts approaches, music as a creative art therapy and in expressive arts therapy, and discuss the role of music as a multi-sensory experience.

Christine E. Clark BSN, RN Powers Device Technologies, Inc.

Incorporating PAL™ Therapy during Painful Procedures

When do premature babies start to feel pain? Studies have shown babies begin to recognize pain before they are born. Scientists believe babies can recognize pain from 35 weeks. It is at this point they believe the infants are able to perceive pain stimulation as an experience separate from touch. Implementing PAL® therapy as part of the overall standard of care in treating premature infants may attenuate pain and behavioral stress, optimizing developmentally supportive care and enabling them to achieve the levels of quiet, non-stress and deep sleep required for normal neurological development.

Karen Wacks, LMHC, MT-BC, and Donna Chadwick, LMHC, MT-BC

From the MusicLife Plan™: Constructing the PhotoBioNarrative and other Legacy Tools

This presentation introduces participants to selected components that are included in the **MusicLife Plan™ (MLP)**, a protocol that sets the standard for music-specific healthcare planning. The

PhotoBioNarrative (PBN) is a brief, illustrated biography of a client who has completed a MLP life review. Participants will have opportunities to design PBNs and other music legacy materials.

Patricia Winter, MMT, MT-BC

Music Therapy Approaches for Children Who are Deaf and Hard of Hearing

Music therapy approaches were implemented with preschool children with hearing impairments and multiple diagnoses. At the conclusion of 17 weeks participants were able to successfully engage in a variety of musical experiences. Growth was found in rhythmic development, pitch accuracy, time on task, language development, and music skills development.

Mariza Neiada, MT undergraduate student; Stephanie Samborowski, MT graduate student; Channing Shippen, MT intern; Seneca Block, MT undergraduate student; Jeniris Gonzalez, MT undergraduate student.

"Beat the Heat 2011": NER-AMTAS International Service Project Learning in Cayman Islands, Part 2

A team of six music therapy students from the New England region re-visited Grand Cayman in order to coordinate a music camp for children with special needs. This presentation is focused on the importance of international service trips for the profession, students, and children and their families. A model for future trips will be presented including the structure of the camp, interventions and skills needed for successful dynamics and competencies.

12:00-2:00pm Business Luncheon Meeting (included in Registration)

2:15-3:45pm Concurrent Sessions

Take Part in our Music Technology Track

Kimberly Khare, MA, CMT; Lorrie Kubicek, MT-BC; & Heather Wagner, MMT, MT-BC

In three presentations, learn the basics of two Apple programs and their clinical applications in music therapy. Come to all or pick and choose from sessions on GarageBand, podcasting (using GarageBand) and iMovie. These presentations will be hands-on, so bring your Mac, your projects or ideas, and your questions. These programs can be used with a variety of clientele of all ages, and can be tailored to meet a host of clinical goals.

Kimberly Khare, MA, CMT; Lorrie Kubicek, MT-BC; & Heather Wagner, MMT, MT-BC
GarageBand 101:

Learn how to create loops, import songs, edit tracks, add vocals and much more using Apple's GarageBand program. Ways to share, export, and post your work will be covered, as will helpful equipment (i.e. microphones, cables) that the presenters have used.

Mollie Caravello, MT-BC

"The Song of the Month" Experience

"The Song of the Month" (SOM) was created from desperation for something new and different for adolescent special needs students. It has been extremely successful and exciting. The October SOM took on a whole new role in collaboration with the creators, and new and unexpected developments have occurred.

Prsident: Marcia Lajoie, MM, MT-BC

Michele Forinash, DA, MT-BC, LMHC; Annette Whitehead-Pleaux, MA, MT-BC; Natasha Z. Anderson

Music Therapy Best Practices for Lesbian, Gay, Bisexual, Transgender, and Questioning

The Lesbian, Gay, Bisexual, Transgender, and Questioning Best Practices are designed to be a starting point for therapists to gain a broader perspective and understanding of LGBTQ issues and needs. These guiding principles are the foundation for best preparing music therapists for supporting and affirming LGBTQ clients, co-workers and students.

Shannon Laine, MT-BC

ENGAGE in Advocacy: Your Role in State Recognition

Music therapists across the country are working to improve access to quality music therapy services through the collaborative ATA and CBMT State Recognition Plan. Come learn how you can be part of the excitement! Join representatives from the task forces in your region to hear about their progress in obtaining state recognition for music therapy and find out how you can contribute to this important initiative.

4:00-5:30pm Concurrent Sessions

Kimberly Khare, MA, CMT; Lorrie Kubicek, MT-BC; & Heather Wagner, MMT, MT-BC
iMovie 102:

Shot video and don't know what do with it? Learn how to import, edit and add effects to create a polished video project using both internal cameras and portable video recorders. Then learn how to burn it to a DVD and other ways to share your work.

Scott Snow, MT-BC

Interventions that Spark Active Engagement: Adults with Developmental Disabilities in the Group Setting

This hands-on workshop will expose participants to many proven interventions sure to help clients having a wide range of cognitive, communicative, and physical abilities to actively engage in group. The presenter will share many of the songs he regularly uses for welcomes, eye contact, socialization, improvisation, adapted songwriting and closure.

Christine Routhier, MA, MT-BC, LMHC; Kathleen Howland, PhD, MT-BC, CCC, SLP; Mary-Carla Mac Donald, MA, MT-BC

Positive Psychology in Music Therapy

This presentation will look at ways in which Positive Psychology can inform music therapy interventions within a wellness model. The basic concepts of Positive Psychology will be presented. Supportive music therapy techniques will be explored and a music and imagery experiential will be presented.

Caryl beth Thomas MA, ACMT, LMHC

Gather 'Round

A workshop/experiential based on a drum and song circle group that I have developed at my hospital. The focus is on easy to learn songs and chants that are accompanied solely by percussion. The main goal is creating a community of positive energy with universal themes such as peace, freedom, well-being and love.

5:30-6:30pm Student Meeting

5:45-6:45pm AMTA Town Hall Meeting

AMTA Representatives to discuss the proposed Master's Level Entry Considerations
Jane Creagan and Donna Polen, *Light Refreshments will be served

6:45-8:00pm Dinner on your own

8:00pm-12:00am Cabaret!

Featuring the NER Cabaret Band! Sign-up sheets will be available at the
Registration Table

Saturday, March 31, 2012

7:45-8:45am Registration Open and Networking Breakfast (included in Registration)

9:00-10:30am Concurrent Sessions

Kimberly Khare, MA, CMT; Lorrie Kubicek, MT-BC; & Heather Wagner, MMT, MT-BC

Podcasting 103:

Podcasts – multimedia digital stories – can be used both as a clinical tool and a means of education and advocacy for music therapy. With a basic knowledge of GarageBand, you and your clients can create podcasts using music, narratives, pictures and even video.

Joanna Ostrander, MM, MT-BC, Neurologic Music Therapist

Functional Goal Writing for Evidence-based Music Therapy

Goal-writing skills are necessary in demonstrating the rationale for using music therapy, the objectives of treatment, and in documenting clients' progress. These elements establish a basis for insurance reimbursement. This presentation will discuss the rationale for goal writing and refresh the skills needed to create functional goals.

Renee Coro, MT-BC, and Megan Goddu, music therapy intern

ABC, It's as Easy as 1, 2, 3...Music Therapy Practice in Preschool Settings

Music therapist and intern will share their experiences of a group session in a public preschool setting. Areas addressed will be: developmental levels, response to musical stimuli and interaction, and clinical musical examples. A case study of how an ASD student functions in both an individual and group settings will be examined.

Ryan Judd, MA, MT-BC

Using Humor and Drama to Help Clients Reach Therapeutic Goals

This presentation will focus on the use of music, combined with humor and drama, to reach therapeutic goals with clients with special needs. This is an effective approach for enhancing client/therapist relationships, attaining developmental goals, and lessening anxiety in therapy sessions.

Presenter: Elizabeth Ferguson, MT-BC

Kevin Krivanec, MT-BC

Recovery through Music: Music Centered Group Music Therapy in Inpatient Mental Health

The "Recovery Movement" is the new paradigm in mental health care. Music Centered Group Music Therapy follows the client's process through selected song experiences. Our time together will focus on the music centered process and songs related to the recovery experience.

10:45-11:45am Concurrent Sessions

Julie Andring, MSA, MT-BC & Kathleen Howland PhD, CCC-SLP, MT-BC

"CBMT and You"

CBMT has approved new ways to earn credits. They've also been improving their website to allow submission and review of your credits completely online. Come review these changes and know all there is to know about earning CMTE credits.

Bronwyn Bird, BA, MT-BC, and Justin Nawn, BA, MT-BC

The Crowd Goes Wild! Helping Families/Professionals Advocate in the Preschool Setting

The purpose of this presentation is to share clinical experiences relating to ways in which to bring families and non-music therapy professionals together as part of the growing music therapy community. Techniques will be shared for helping families to understand, advocate, and be an integral part of their child's development.

Presenter: Mike Simonelli, BA, MT-BC

Scott Snow, MT-BC

Intermediate Snare Drum Skills for Clinical Work

This experiential session will teach participants the foundation for playing musically and supportively in a clinical setting using drumsticks. Technique, warm-up routines, basic strokes, and key rudiments will be covered. The benefits of therapeutic drum lessons will be explored and participants will leave with a snare drum curriculum to challenge eager clients.

Cynthia Pimentel, Rocio Cisneros, MT graduate students

Mexican Americans and Mental Health: Cultural Specific Music Therapy

This presentation focuses on the importance of acknowledging cultural differences in the music selection process for professional music therapists. The study is directed towards the Mexican-American population. Cultural influences/ideology, with issues such as mental health within this population, are observed and recorded.

Presenter: Peggy Codding, BME, MM, PhD, MT-BC

Krystal Demaine, M.Ed, MT-BC, PhD Candidate, Neurologic Music Therapist-Fellow

Musical Imitation in Nonverbal Children with Autism: An Observation

Research suggests that poor imitation abilities may have something to do with the commonly noted deficits in communication and social reciprocity among children with autism. This presentation will discuss an observational research investigation toward understanding the role of music in imitation for nonverbal children with autism. A literature review examining local processing, the mirror neuron system, and neural processes for music will preface the research study.

12:00-1:00pm Concurrent Sessions

Alba Domenech Batalla, MT graduate student; Neurologic Music Therapist,
and Jesse Kurn, MT graduate student; Neurologic Music Therapist

How Attending the Neurologic Music Therapy Training Gave Two Graduate Students Deeper Insights into the Work They Do

Neurologic Music Therapy (NMT) is the field that fuses neurology and music to assist in the rehabilitation of neurologic accidents and diseases such as Parkinson’s, Multiple Sclerosis, traumatic brain injury, and stroke. Join us for an overview of NMT, the NMT training institute, and hear about two graduate students’ experience and how they now incorporate NMT into their work.

Kana Kamitsubo, MT-BC and Kazunori Tatsumi, MA, MT-BC

Blending Music Therapy and Music Education to Unlock Creativity

Teaching music to children with severe special needs and learning disabilities can be quite challenging. Kana Kamitsubo’s unique approach blends music therapy and music education and unlocks creative potential for children with autism, ADHD, and PDD. Case examples are presented using improvisation and standard music methods.

Presenter: Karen Wacks, LMHC, MT-BC

Alexandra Wilkins, Grace Kim, Dawn Salmons, Levin Valayil, Paubla Reyes , MT graduate students

Using Music to Reduce Isolation in Well Seniors

This presentation discusses the use of music therapy to create feelings of community and inclusion and therefore decrease isolation with well seniors at a local walk-in community center. It will focus on the process of completing the research study and analyzing the data found in order to interpret results, as well as discussing the impact of the study on the field of music therapy. Included in the presentation are examples of music treatment methods and models of questionnaire surveys.

Presenter: Peggy Codding, BME, MM, PhD, MT-BC

Leticia Prieto Alvarez, MM, MA, MT-BC

A Thematic Approach to Group Heterogeneity with Older Adults

This presentation will demonstrate the use of a thematic approach to achieve group cohesion in dementia care. The elderly population is comprised by heterogeneous aspects, from various levels of functioning, to diverse cultural backgrounds, and this may present a challenge during group work. A theme can be used as a “secure base” from where the therapist explores various ways of communication among group members.

April Fausch Cullum, MA, MT-BC

Music Therapy with Individuals with Alzheimer’s Disease: A Staged Approach to Treatment

In working with individuals with Alzheimer’s disease in a staged approach to treatment, music therapists can direct interventions to better fit client needs. Symptoms of individuals with early, middle, and late stages of Alzheimer’s disease will be discussed in depth. Interventions and strategies will be examined according to each stage.

1:00-1:30pm Closing Circle

1:00-2:00pm Registration Open

2:00-3:30pm Board Meeting

2:00-7:00pm CMTE (G, H, I, & J) Description on page 11

Boxed Lunches available, reserve at Registration table

CMTE Course Schedule and Descriptions

Each of the following ten programs is approved by the Certification Board for Music Therapists (CBMT) for 5 Continuing Music Therapy Education credits for Courses (A, B, D, E, F, G, H, I, & J) and 3 Continuing Music Therapy Education credits for Course (C).

Credits awarded by the CBMT are accepted by the National Board for Certified Counselors (NBCC).

The New England Region of the American Music Therapy Association, #P-063, maintains responsibility for program quality and adherence to CBMT policies and criteria

***Please note that some CMTE's may become filled prior to the conference. CMTE participation may be limited by the instructor and is indicated in the description. Other CMTE's are limited only by space in the room. It is to your benefit to register as early as possible for your CMTE courses.

IF YOU DO NOT PRE-REGISTER FOR A CMTE, THERE CAN BE NO GUARANTEE THAT YOU WILL BE ABLE TO REGISTER FOR A CMTE COURSE ON SITE! ***

Thursday March 29, 2012 8:00-1:00pm CMTE Courses (A & B)

CMTE A Application of Electronic Music Technologies in Medical, Education, and Community Settings

Wendy Magee, PhD, MT-BC, Michael Bertolami MA, MT-BC, Kimberly Khare MA, CMT, Lorrie Kubicek MT-BC, Lisa Martino MA, MT-BC, LMHC, Adam Sankowski MT-BC, Annette Whitehead-Pleaux MA, MT-BC, and Julie Buras Zigo M.Ed, MT-BC

Electronic music technologies are widely used in music therapy practice, however, guidelines for their use are only just emerging. We will share extensive clinical knowledge on how to integrate these tools into practice, using practical experientials for integrating them in complex clinical situations and in-depth case vignettes.

Learner Objectives:

1. Participants will learn indicators for using EMTs in medical settings with children and adults; educational settings with students with sensory and multiple disabilities; in community settings.
2. Participants will learn to use voice output communication aids and to apply these in group and individual music therapy sessions
3. Participants will learn to use several apps in clinical improvisations

Prerequisites: None

Wendy Magee, PHD, MT-BC is an Associate Professor at Temple University, Philadelphia. She is a Clinical and research specialist in neuropsychological rehabilitation (adults) and music technology. She has widely published in peer-reviewed interdisciplinary and rehabilitation journals including the Cochrane Library. wmagee@temple.edu

Michael Bertolami, MA, MT-BC, is a music therapist at the Perkins School for the Blind in Watertown, Massachusetts and is the Department Chair of the music therapy program at Powers Music School.

Kimberly Khare, MA, CMT, Nordoff-Robbins Music Therapist has created "Song.Studio," a music therapy song-writing/recording/production program that works with youth by capturing their life stories through their lyrics, harmonies and grooves.

Lorrie Kubicek, MT-BC is a music therapist at MassGeneral Hospital, works with patients in outpatient chemotherapy clinics, radiation oncology and inpatient settings. She has been utilizing clinical music technology in hospitals since 2004.

Lisa Martino, MA, MT-BC, LMHC has been working at Perkins School for the Blind for the past 16 years and uses many forms of EMTs.

Adam Sankowski, MT-BC is a staff music therapist at The Franciscan Hospital for Children. He is also a supervisor for the Berklee music therapy program at the Pathways Program, on site at McLean Hospital.

Annette Whitehead-Pleaux, MA, MT-BC works at SHC-Boston in pediatric burns. She has written about and presented on EMTs in medical settings. In her practice, she uses many forms of EMTs.

Julie Buras Zigo, M.Ed., MT-BC, began her work as a music therapist in 1982. For the past twenty-six years, she has worked at the Kennedy Day School on-site at Franciscan Hospital for Children. Julie is also a part-time faculty member at Berklee College of Music in Boston.

CMTE B An Introduction to Clinical Neurologic Music Therapy
Sarah B. Johnson, MM, MT-BC, Neurologic Music Therapist-Fellow

This session will provide an introduction to the development of Neurologic Music Therapy (NMT), and expand knowledge of clinical NMT. Assessment suggestions and ideas for the integration of music therapy into a rehabilitation program will be explored. Clinical video from various settings will highlight current best practice strategies for clinical work.

Learner Objectives:

1. Participants will be able to demonstrate a clear understanding of the Transformational Design Model (TDM) in order to clinically assess a variety of patient needs and choose the appropriate NMT technique to address these needs.
2. Participants will acquire an introduction to the clinical practice of Neurologic Music Therapy techniques, with suggestions for functional skills on the autoharp and keyboard that can benefit them in their existing practice – specifically in the sensorimotor domain (but not exclusively).

Prerequisites: None **Disclaimer: This CMTE does NOT constitute certification towards NMT training.

Sarah B. Johnson, MM, MT-BC, Neurologic Music Therapist for Rehabilitation Services of Poudre Valley Hospital, a clinical supervisor at Colorado State University and co-coordinator of the community outreach programs for NMT. Sarah assists with NMT Training Institutes, and has presented locally, nationally, and internationally on her clinical work in NMT.

Thursday March 29, 2012 9:00-12:00pm CMTE Course C**CMTE C Ethical Thinking in Music Therapy: Beyond Confidentiality**

Linda Bosse, MT-BC

This CMTE will allow participants to meet the new CBMT requirement for three hours of ethics per certification cycle. Topics will include overview of the Code, ethical dilemmas, & professional boundaries.

Learner Objectives:

1. Identify the importance of ethical behavior for professional therapists in order to protect the public. (CBMT)
2. Identify ethical dilemmas and seek appropriate resources for their resolution.
3. Identify strategies for assuring integrity of professional boundaries.

Prerequisites: Awareness of the AMTA Code of Ethics and willingness to explore ethical dilemmas in a supportive environment.

Linda Bosse, MT-BC, is adjunct faculty in the Music Dept. at Naugatuck Valley Community College in Waterbury, CT. Linda served on the NAMT & AMTA Ethics Boards for fifteen years.

Thursday March 29, 2012 2:00-7:00pm CMTE Courses (D, E, &F)**CMTE D Clinical Considerations and Applications of Floology in Music Therapy: Experiential Session (Part 2)**

Professor Armsted Christian (Berklee College of Music - Performance Division) & Peggy Coddling BME, MM, PhD, MT-BC

Participants will review the basic concepts of "Floology" where live music, poetry and writing improvisation are incorporated as clinical tools for use in clinical settings. This second session is in follow-up to a theoretical and live music session presented in 2010. Participants would participate in writing and participating in writing and music improvisation following demonstration and with the assistance of "floologists" from Berklee College of Music.

Learner Objectives:

To learn ways to incorporate therapeutic concepts and stories, meaningful writing and live music into the therapeutic process while working co-leaders, students and faculty in performance and music therapy from Berklee College of Music.

Prerequisites: None; participants do NOT need to have attended Part 1

Professor Armsted Christian, B.M., Berklee College of Music is a Leader of Peaceful Flight, Member of the Will Downing Group and the Gerald Albright Group, and has performed with Patti Austin, Regina Carter, Will Downing, Chieli Minucci, Najee, Diana Ross, Special EFX, and others. Is currently a recording artist for SIAM Records and has songwriting credits on *Moods* by Will Downing on Mercury/Polygram Records, and Najee's *Just an Illusion* and *Share My World* on EMI. He is a former multicultural education

coordinator at the University of Massachusetts and former faculty member at New England Conservatory of Music. Along with his Grammy-nomination for *All the Man You Need* with Will Downing, he is the winner of the SESAC Award for Songwriting in the Adult Contemporary/R&B and Smooth Jazz categories, as well as a writer of the theme song for NAACP documentary *House on Fire*.

Peggy Coddling, PhD, MT-BC has been a Professor of Music Therapy at Berklee College of Music for thirteen years. Her clinical work includes children in special education and with adults in psychiatric, trauma and correctional settings.

CMTE E Spiritual Health & Wellbeing: Mindfulness, Meditation, and Shamanic Healing
Lorrie, Kubicek, MT-BC, Kate Gray, Ed.M.

Come meet Kate Gray, spirit-centered psychotherapist and Shamanic healer. Together with Lorrie Kubicek, they will present a myriad of techniques in spiritual self-care, meditation, angelic communication, Buddhism, and Shamanic energy work, giving participants a large toolbox of techniques and experiences for discovering and/or deepening connections to spiritual health and wellbeing.

Learner Objectives:

1. Participants will learn about Dharma teachings that can impact and influence their ability to cultivate peace and consciousness amidst the din of daily life.
2. Participants can choose to partake in a Shamanic healing experience and guided meditation.
3. Participants will learn how to use an Oracle deck for basic Angelic divination practices.
4. Participants will have access to an extensive list of resources for further exploration of spiritual practices.

Prerequisites: None

Lorrie Kubicek, MT-BC at Massachusetts General Hospital, practices Mindfulness meditation, is learning yoga, studies Buddhist dharma and utilizes angelic wisdom & healing as her foundations of spiritual health.

Kate Gray, Ed.M. A graduate of Harvard's Graduate School of Education, is a heart-centered spiritual-psychotherapist, teacher and energy healer whose private practice, The Center for Transformational Healing, is in Lexington, Mass, www.centerfortransformation.com.

CMTE F An Exploration of Resource-Oriented Music Therapy and Related Practices
Heather J. Wagner, MMT, MT-BC

Clinical practice often focuses on improving deficiencies. However, there are approaches that focus on building strength and improving what is inherently good within individuals. This CMTE will focus on Rolvsjord's resource-oriented music therapy approach, making connections with other related approaches in music therapy and psychology, e.g. supportive music and imagery, music therapy for wellness, positive psychology, and resilience. This presentation will educate participants about these approaches and offer suggestions about practicing in a resource-oriented manner within a variety of clinical contexts. There will be several experiential portions of this CMTE, and participants are encouraged to bring their portable music devices.

Learner Objectives:

1. Participants will be able to identify and contrast illness ideology and wellness ideology, with relevant applications to clinical music therapy practice.
2. Participants will develop an understanding of resource-oriented music therapy approaches and relevant foundational theories.
3. Participants will apply and implement the tenets of the resource-oriented approach to music therapy in recreative, receptive and improvisational experiences.

Prerequisites: None

Heather Wagner, MMT, MT-BC has experience in a variety of mental health populations. She has trained in GIM with Ken Bruscia with extensive supervision in supportive music and imagery. She is pursuing her PhD at Temple University and serves as president-elect of NER.

Saturday March 31, 2012 2:00-7:00pm CMTE Courses (G, H, I, & J)

CMTE G Vocal Psychotherapy: Songs of the Self
Diane Austin DA, ACMT, LCAT

In this workshop we will experience the use of breath, tone, songs and vocal improvisation through exercises and playful activities and learn some of the ways in which voicework can facilitate the therapeutic process by enabling clients to gain access to their spontaneous, authentic selves. Through audiotaped case examples from my work in private practice with adults I will illustrate how singing can be used to foster intrapsychic and interpersonal change and growth.

Learner Objectives:

1. Participants will gain an understanding of Vocal Psychotherapy.
2. Participants will learn vocal interventions such as “Vocal Holding Techniques” and “Free Associative Singing”

Prerequisites: None; limited to 30 participants. If your registration is received after this quota is met, you will be contacted.

Dr. Diane Austin, ACMT, LCAT is the Director of the Music Psychotherapy Center in NYC, New York, where she has maintained a private practice in Music and Vocal Psychotherapy for more than 20 years. She is the founder/instructor of the advanced training program in Vocal Psychotherapy in NYC as well as Distance training programs in Seoul, Korea and Vancouver, B. C. Diane has lectured in more than 23 countries and has published numerous articles and book chapters on music psychotherapy and the voice. Her book, “The Theory and Practice of Vocal Psychotherapy” codified her new model of music therapy.

CMTE H Creating Connections with Vocal Improvisation

Alyssa Yeager MA, MT-BC

Using one's voice is a personal and sometimes threatening experience. This workshop looks at methods of making vocal improvisation safe and accessible to clients. Clinical examples, theory, and experientials focus on applying these techniques with children and adolescents. We will also explore adapting techniques for populations requested by participants.

Learner Objectives:

1. Understand the application of psychosocial theory to vocal improvisation. (Scope of practice: Implementation 2a)
2. Learn to use vocal improvisation to increase a client's self-awareness and sense of self with others. (Scope of practice: Implementation 1d5)
3. Explore vocal improvisation as a mode of communication between client and therapist. (Scope of practice: Implementation 3g2)

Prerequisites: None

Alyssa Yeager MA, MT-BC has owned her own Music Therapy business, served as Manager of Family and Child Life at Rainbow Babies Hospital, and currently offers CMTE workshops through her company Telling Point Music.

CMTE I Autism, Music, and the Brain

Krystal Demaine M.Ed, MT-BC, PhD Candidate, Neurologic Music Therapist-Fellow

Through experiments and literature review we will examine the neural processes of music for the child with autism through a neuro-scientific lens. Topics will include basic neuro-anatomy, the mirror neuron system, imitation, theory of mind, musical perception, and their role in language development and social reciprocity. Tools for clinical application will be explored and current research approaches will be examined.

Learner Objectives:

1. Participants will build a language for and understanding of the function of neural processes in music.
2. Participants will develop and understanding of the putative human mirror neuron system and the role this plays in the imitation of others.
3. Participants will develop an awareness of the breadth and depth of literature in the fields of cognition and perception of music among children with autism.

Prerequisites: None

Krystal Demaine M.Ed, MT-BC, PhD Candidate, Neurologic Music Therapist-Fellow, has a private practice in Beverly, MA and is core faculty of expressive arts therapies at Lesley College. Her research in music and autism has involved collaborations with the Music and Neuroimaging Lab at Harvard Medical School / Beth Israel Deaconess Medical Center and the Autism Support Center /North Shore ARC. She has presented her work both nationally and internationally and published a book chapter and a peer-reviewed article. She is currently a PhD candidate at Lesley University.

CMTE J Creative Art Therapies and the Pursuit of Happiness

Christine Routhier MA, MT-BC, LMHC, Kathleen Howland PhD, MT-BC, CCC, SLP, and Mary-Carla MacDonald MA, MT-BC

The information from Positive Psychology is an important and relevant resource on both a personal and professional level for MTs. This CMTE will look at ways in which Positive Psychology can inform music therapy interventions within a wellness model. The concepts of forgiveness, resilience, acceptance, flexibility, and happiness will be explored through the creative arts therapies. Participants will gain tools that they can bring into their lives and their practice.

Learner Objectives:

1. Participants will explore the concepts of cognitive flexibility, forgiveness, resilience, creativity, and happiness within positive psychology.
2. Participants will look at ways that the concepts of positive psychology can benefit their personal as well as their professional lives.
3. Participants will take part in creative arts therapy activities that address the concepts discussed.

Prerequisites: None**Kathleen Howland, Ph.D. MT-BC**

KMHowland@bostonmusictherapy.com

Kathleen is a board certified music therapist (MT-BC) with advanced training in Neurologic Music Therapy (NMT/F). She also is a licensed speech language pathologist (CCC-SLP). She has been a practicing music therapist for nearly 30 years working primarily with neurogenic disorders and intellectual disabilities. She is a professor at Berklee College of Music and the Boston Conservatory teaching courses in music therapy, music education and liberal arts, all with a framework in neuroscience. Her private practice focuses on disorders of cognition and speech. She also has developed protocols for music and relaxation for people preparing for surgeries, birthing and oncology treatments.

Mary-Carla MacDonald, MA, MT-BC

MCM@bostonmusictherapy.com

Mary-Carla is a board certified music therapist with a master's degree in mental health counseling and expressive arts therapies. With fifteen years of clinical experience, she is a founding member of Greater Boston Music Therapy. In her practice she uses music and imagery to assist her clients to stop, slow their minds and listen to themselves from within, supporting their natural ability to lead a rich, fulfilling and healthy life. An experienced music therapy educator and former professor/supervisor, she is invested in supporting music therapists and health professionals in their personal and professional growth.

Christine Routhier, MT-BC, LMHC

CAR@bostonmusictherapy.com

Christine is a board certified music therapist and licensed mental health counselor with twenty five years of clinical experience. She is a founding member of Greater Boston Music Therapy, adjunct professor and clinical supervisor at Lesley University and guest lecturer at Salem State University. Christine has a private practice in music and imagery, primarily working with health care professionals and students, helping them engage with music as a nurturing agent, to facilitate their inner exploration, creativity and growth.

CONFERENCE ACCOMODATIONS

Equinox Resort
A Luxury Collection Golf and Spa, Vermont
3567 Main Street Route 7A, Manchester Village, VT 05254
Equinox Resort: 800.362.4747

From its historic beginnings as one of Vermont’s first lodging houses, this extraordinary property now offers a wide variety of accommodations with 195 rooms and suites in four unique buildings. Choose from any accommodation, and you’ll enjoy all of our complimentary special touches and conveniences, such as high-speed Internet access, valet parking, spa bath essentials, coffee each morning and access to fitness facilities, pool and sauna.

Reservations available January 24th -February 28th, 2012

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|----------------------------------|-------------------------------|
| Equinox Resort: 800.362.4747 | Inns at Equinox: 877.854.7625 |
| Equinox Resort, main hotel rooms | 1811 House and Townhomes |

Main Hotel Rooms: \$129.00, plus applicable taxes and fees

In the main hotel

Newly renovated rooms with elegant décor in a soothing palette of earth tones, and harmonizing country charm, with modern sophistication.

Townhouse Suites: \$129.00, plus applicable taxes and fees

Situated next to the main hotel

Tucked next to the resort’s main building, the townhouses at the Equinox include 30 bedrooms, including *10 suites with fireplaces, fully equipped kitchens, porches and a living room with sleeper sofa.*

Townhouse Rooms: \$99.00, plus applicable taxes and fees

Situated behind the main hotel

Tucked next to the resort’s main building, the townhouses at the Equinox include 30 bedrooms.

1811 House Rooms: \$99.00, plus applicable taxes and fees

Across the street from the main hotel (less than a two minute walk)

The former home of Abraham Lincoln’s granddaughter, the 1811 House is an exquisitely maintained romantic country inn amid the backdrop of historic Manchester village. Retreat to one of 13 beautiful guestrooms—offering authentic historic fireplaces, canopied beds, private porches, authentic antiques and prized artworks

When making reservations, please identify yourself as part of the NER-AMTA Conference. Rate-cut off date is February 28, 2012; after that prevailing rack rates apply.

Any shipments made to the Equinox should be sent to Todd Fletcher at the following address:

Todd Fletcher
Equinox Resort
3567 Main Street
Manchester Village, VT 05254
RE: American Music Therapy

All packages shipped should only arrival 7 days prior to the conference dates, March 29th -31st, 2012.

Driving Directions:

From New York

(Approximate time: 4 hours, 200 miles)

- Take Route 87 North to exit 23
- Then take Route 787 North to Route 7 East (Troy, NY)
- Follow NY 7 East to Route 279 East (Bennington Bypass), which bears left off Route 7. (Note: Do not take Route 9 toward Bennington.)
- Follow Route 279 to the end, then follow signs to Vermont's Route 7 North towards Manchester.
- Take Route 7 North to exit 3, and turn left onto Route 313.
- Take a right onto Historic Route 7A North, and drive 9.1 miles to The Equinox.

From Albany Airport

(Approximate time: 1 1/2 hours, 60 miles)

- Take Route 87 North to Route 7 East (Troy, NY).
- Follow NY 7 East to Route 279 East (Bennington Bypass), which bears left off Route 7. (Note: Do not take Route 9 toward Bennington.)
- Follow Route 279 to the end, then follow signs to Vermont's Route 7 North towards Manchester.
- Take Route 7 North to exit 3, and turn left onto Route 313.
- Take a right onto Historic Route 7A North, and drive 9.1 miles to The Equinox.

From Boston

(Approximate time: 3 1/2 hours, 180 miles)

- Take Route 2 West to I-91 North.
- Take exit 2 in Brattleboro, then Route 30 North to Historic Route 7A in Manchester.
- Turn left and proceed south, just over one mile, to The Equinox.

From Hartford

(Approximate time: 2 1/2 hours, 145 miles)

- Take Route 91 North to exit 2 in Brattleboro

- Then take Route 30 North in Brattleboro to Historic Route 7A in Manchester.
- Turn left and proceed south, just over one mile, to The Equinox.

Conference Meals:

Thursday breakfast: On your own

Thursday lunch: Boxed lunch available; reserve at registration table

Thursday dinner: Banquet available for \$45; select on registration form

Friday breakfast: Continental breakfast provided

Friday lunch: Business luncheon provided

Friday dinner: on your own

Saturday breakfast: Networking breakfast provided

Saturday lunch: Boxed lunch available; reserve at registration table