

Thursday, March 30, 2017

8:00 am – 10:00 am Registration Open

9:00 am – 12:00 pm CMTE Course A

NER-AMTA Leadership Academy

Meredith Pizzi, MPA, MT-BC; Annette Whitehead-Pleaux, MA, MT-BC; Jennifer Sokira, MMT, LCAT, MT-BC; Eve Montague, MS, MT-BC plus additional panel presenters TBD

This gathering for professionals, interns and students will inspire music therapists to fulfill their highest potential while empowering them to lead in their areas of expertise! Leadership Academy participants will experience multiple frameworks for thinking about leadership and how to recognize and build critical skills in all areas of leadership!

12:00 pm – 2:00 pm Registration Open

1:00 pm – 6:00 pm CMTE Course B

Developing and Expanding Supervision Skills

Annette Whitehead-Pleaux, MA, MT-BC; Meredith Pizzi, MPA, MT-BC; Katie Bagley, MA, MTBC; and Laetitia Brundage, MT-BC

This intensive training will focus both on the theory and practical skills of clinical supervision. Learners will be immersed in both didactic learning and experientials where they can practice verbal, musical, and expressive arts techniques for supervision. Special attention will be paid to culturally competent supervision and crisis management.

1:00 pm – 6:00 pm CMTE Course C

Music Therapy and Chronic Pain

Joy L. Allen, PhD, MT-BC; Heather J. Wagner, PhD, MT-BC

This CMTE will review symptoms and need areas associated with chronic pain, latest research findings, and advanced music therapy techniques for assessing and treating chronic pain. A strong experiential component, whereby role playing client therapist relationships will be undertaken in efforts to facilitate opportunities to implement advanced clinical techniques.

2:00 pm – 5:00 pm CMTE Course D

SOS – Singing Off Stress and Soothing Our Souls

Caryl Beth Thomas, MA, ACMT, LMHC; Bronwyn Bird, MT-BC

This largely experiential workshop will engage participants in various forms and styles of communal singing. Having a long history of and extraordinary passion for group singing, our hope is to provide ideas and material for clinical applications, opportunities for community building, and a form of self-care for participating music therapists.

Friday, March 31, 2017

7:00 am – 10:00 am Registration Open

7:15 am – 8:15 am Self-Care Experience

7:30 am – 9:00 am Continental Breakfast

8:30 am – 9:30 am Concurrent Sessions

Blowin' in the Wind in our Sails **SALON A**

Suzanne B. Hanser, EdD, MT-BC

The purpose of the session is to promote music therapists' personal wellness practices through music. Although it seems logical to assume that music therapists use music to enhance their own wellbeing, this is not always the case. Participants will learn and practice evidence-based music self-care strategies, and discuss barriers to implementation.

Sharing our Work: Report of the MLE Subcommittee **SALON B**

Eve Montague, MSM, MT-BC

MLE Subcommittee members will share information about our work in the last year. Featured will be work with Pro Bono Analytics, our work to analyze and summarize the surveys of educators and internship supervisors, and future tasks of the Subcommittee.

Trauma Among the Anusim: New Horizons for Music Therapy **SALON C**

Ruth C. Kahn, MA, MT-BC

Based upon her participation in the 2016 annual conference of the Society for Crypto-Judaic Studies, Ruth will present an update on the perceived need for music therapy services for descendants of Crypto-Jews in New Mexico. Many in this marginalized community experience identity trauma when they discover their Sephardic Jewish ancestry. Participants will learn about the process of identifying and researching new or underserved communities for the Music Therapy field.

Rett Syndrome-Specific Music Therapy Assessment: Starting Point **SALON D**

Donna Chadwick, MT-BC, MS, LMHC

Females diagnosed with Rett Syndrome are generally highly captivated by music, and therefore good candidates for Music Therapy. They display a range of unique stereotypies. A MT assessment is being devised to describe or classify a taxonomy of individual stereotypies in non-music and varied music conditions. A draft assessment will be presented and participants invited to brainstorm regarding the design and efficacy of such a tool.

Incorporating Music into Intensive Community-Based Treatment with Families

SALON E

Alicia Iaria, MA, MT-BC

How can music therapists that operate within clinical roles outside of music therapy become empowered to utilize their musical therapeutic skills within these roles? By examining case studies I will discuss how I have incorporated music into my employment role, highlighting the challenges presented and benefits gained.

9:45 am – 11:15 am Concurrent Sessions

10 Strategies for Increasing Engagement with Adults Having Developmental Disabilities **SALON A**

Scott Snow, MT-BC

One for the Money! This experiential workshop will give attendees powerful strategies for engaging adults with developmental disabilities in the group setting. Strategies include: choice-making, adapted songwriting, sensory experiences, effective documentation, visual aids, instrumental jams, effectively involving direct care staff, and songs to insure you start and end strong.

Working with Challenging Clients: Managing Escalating Behaviors **SALON B**

Heather Wagner, PhD, MT-BC

No matter how skilled the therapist, sometimes clients become aggressive, both verbally and physically. This presentation will offer suggestions about breaking the conflict cycle, responding to aggressive behavior, and using a relational model to help prevent these issues. These techniques are applicable to a variety of clientele, and a variety of ages.

Music Therapy with Latin American Clients **SALON C**

Patricia Zarate, Music Therapist

The Hispanic population reached 57 million in the United States. It is the largest ethnic minority. Music therapists will come across clients from Latin America sooner than later. Cultural differences among countries and the Spanish language are some of the relevant topics that will be discussed in this presentation.

Life Turns on a Dime: Navigating Community Trauma and Tragedy **SALON D**

Jennifer M. Sokira, MMT, LCAT, MT-BC

Music therapists can have an important role in the initial and ongoing response to violent community trauma. This presentation will outline the music therapy response to the 12/14/12 tragedy at Sandy Hook Elementary, sharing experiences, lessons learned, and considerations for trauma-informed practice.

The Music Therapy Entrepreneur: Shark Tank-Style Demonstrations **SALON E**

Karen Wacks, M.Ed., LMHC, MT-BC; Brian Harris, MT-BC, Neurologic Music Therapist; Meredith Pizzi, MPA, MT-BC; Brenda Stevens Ross, MBA

Today, many music therapists are pioneering music therapy programs globally - some successful & others hit roadblocks. This session will provide tools & tips on advocacy & marketing. Participants will be able to pitch their ideas to a panel of judges, which will be evaluated on innovative idea, proof of market, & competitive advantage.

11:15 am – 12:00 pm Research Poster Session and Internship Fair

12:00 pm – 2:00 pm Business Luncheon

2:15 pm – 3:15 pm Concurrent Sessions

Piano for All Children: A Pilot Program at a Community Music School

SALON A

Adrienne K. Flight MMT, MT-BC and Krista N. Jadro, MM

This presentation will explore a pilot program providing music education based on Dr. Edwin E. Gordon's theories of audiation to children with exceptionalities in a community music school. Attendees will learn about the method, pilot program, and make music in a variety of meters and modes.

Advocacy for Our Profession

SALON B

Kathleen M. Howland, PhD, MT-BC

Advocacy for our profession has always been a great necessity in advancing the field. This program will consider the variety of advocacy opportunities that present themselves and the variety of responses required. These would include verbal, print and film. Distinctions about music therapy and non-music therapy practices will be given

Holding the Space in Your Hospice Session **SALON C**

Regan Thompson, MT-BC

Learn how to hold the space for your hospice patient and their family. What does it mean to create a therapeutic environment? Musically what needs to happen? And how does that music open doors for deeper meaning and conversations?

Collaborating Across Disciplines **SALON D**

Nicole O'Malley MT-BC, Neurologic Music Therapist, LPMT Lauren Cannistraci MS CCC-SLP

This interactive presentation will discuss implications of collaborating with a multitude of disciplines. Improvement of clinical outcomes with varying collaborative strategies will be explored from a multitude of professional perspectives. Speech therapist and music therapist will share importance of defining strategies in collaboration and facilitate carry over.

Neurologic Music Therapy for Cognitive Rehabilitation **SALON E**

Caitlin Hyatt, MT-BC, Neurologic Music Therapist and Chrissy Cetnar MS, MT-BC, Neurologic Music Therapist

Through brain imaging and research, Neurologic Music Therapy (NMT) has been found to improve nonmusical cognitive functions including: memory, attention, and executive function. This session will discuss NMT interventions for cognitive impairments due to a neurologic disease or injury. Presenters will provide relevant research, interactive examples, and clinical videos.

3:30 pm – 5:00 pm Concurrent Sessions

All You Gotta Keep is Strong: Performance, Community Music Therapy, and Resiliency **SALON A**

Shanna Clark, LMHC, MT-BC; Heidi Crampton, MA, MT-BC; Allison Fox, music therapy student, Gina Buckner, music therapy student

Opportunities for self-expression within the safety of a supportive community are among the most powerful avenues to healing from adverse life experiences. This presentation will focus on the clinical implications of performance, community, traditions and rituals within a trauma treatment model. The presenters will highlight how a residential treatment program for adolescents uses an annual "Coffeehouse" tradition to promote resiliency and competency.

Private Practice Growth: Independent Contractors or Employees? **SALON B**

Marissa Scott, MA, MT-BC, CLD and Ryan Judd, MA, MT-BC

Are you ready for growth in your private practice but unsure about hiring an employee or an independent contractor? This presentation will provide an overview of the differences between each, including the legal and financial "need-to-knows," as well as how each structure is working for two successful private practices.

Home Base: Drumming with Post-Combat Veterans **SALON C**

Laetitia Brundage, MT-BC

Work with veterans is an integral part of Music Therapy in the United States. While interest is strong, replicable models for group work are lacking. A model for group drumming with veterans and their families participating in an intensive 2-week clinical trial treating PTSD and TBI will be presented.

Group Music Psychotherapy to Improve the Self-Concept of Breast Cancer Survivors **SALON D**

Joy Allen, PhD, MT-BC

Breast cancer is the number one female cancer, however through early detection, there is a 90% survival rate. This presentation will share clinical work and research with breast cancer survivors, including the process of group guided imagery and music and effectiveness of this technique in addressing self-concept.

Music Therapy and Adolescents: A Trauma-Informed Approach
Kyle Fleming, MT-BC

SALON E

In this presentation, attendees will learn basic information about psychological and neurological impacts of trauma in adolescent mental health, as well as discuss how to approach treatment without re-traumatizing clients. Effective intervention ideas will also be discussed.

5:15 pm – 6:16 pm Plenary Session: Diversity

6:15 pm – 8:00 pm Dinner on Your Own

6:15 pm – 8:00 pm NERAMTAS Meeting

8:00 pm – 9:00 pm Self Care Experience

9:00 pm – 11:00 pm Cabaret

Saturday, April 1, 2017

7:30 am – 9:30 am Registration

7:00 am – 8:00 am Self-Care Session

7:30 am – 9:00 am Networking Breakfast

8:30 am – 10:00 am Concurrent Sessions

The Uganda Project: Music – A Coping Strategy in Mass Trauma
Peggy A. Coddington, Ph.D, MT-BC, Karen Wacks, MT-BC, LMHC

SALON A

The role of music in coping following mass trauma is examined. Music applications and outcomes using tele-music therapy and on-site interactions by music therapists and musicians in Uganda following the 1988 war are introduced. Additionally, music effects in the recovery of children with Nodding Syndrome, resulting from the war, are described, all with video depiction.

Regional Philosophy Slam I **SALON B**
Kayla C. Daly, MA, MT-BC, LMHC

A regional version of the national Philosophy Slam! A facilitated interactive discussion forum, that includes a three part intermodal experiential concerning these questions; Why do you do this work? How does your work impact the whole community of music therapy? Is there a comprehensive philosophy that may unite our field?

Expressing Sound and Sight Waves to Transition Lessons from Work to Heart

SALON C

Cassandra Mulcahy, MMT, MT-B; Kendra Carlson, ATR

Art and music therapies converge to provide mindful self-expressive based interventions for inpatient adult psychiatry. Explore and experience variations on creative arts meditation, developing authenticity, self-awareness and staying present along ones collaborative journey. Use of multi-sensory technology for patient brain health and your own self-care will be presented.

Makey Makeys in Action **SALON D**

Crystal King, MSEd, MT-BC, Neurologic Music Therapist; Kristi Rood-DeAngelis, MA, MT-BC, Neurologic Music Therapist, LPMT

Technology provides our clients a creative way to engage in music making and self-expression. This workshop will provide an overview of an eight-week module that was used in a middle school setting using Makey Makeys and Scratch. Participants will also have hands on experience with the technology.

Empowering Your Clinical Songwriting **SALON E**

Tracy Richardson, Ph.D., MT-BC

This workshop will focus on short songwriting experiences alone and/or in small groups. Apply simple “rules” to guide songwriting; learn chord progressions and accompaniment patterns used in a variety of music styles. This hands-on workshop aims to give you the knowledge, practice, and skills needed to increase clinical effectiveness.

10:15 am – 11:45 am Concurrent Sessions

An Overview of Resource-Oriented Music Therapy **SALON A**

Heather J. Wagner, PhD, MT-BC

Clinical practice often focuses on improving deficiencies. However, there are approaches with a primary focus of improving what is inherently good within individuals. This presentation will educate participants about one such approach, resource-oriented music therapy, which focuses on building and connecting to internal and external resources. Suggestions about practicing in a resource-oriented manner within a variety of clinical contexts will be included.

Considerations at the Crossroads: Clinical Applications of the Blues in Music Therapy **SALON B**

Brian Jantz, MT-BC, Neurologic Music Therapist; Hannah Foxman, MT Intern

In American music the Blues represents the roots of integration within a diverse society through cultural expression, awareness, and acceptance. Blues music contains unique aesthetic characteristics, cultural codes, and opportunities for creative collaboration. This presentation will focus on the clinical use of the blues idiom in music therapy.

Grow Your Business and Income – The 4 Pillars of Success and Empowerment

SALON C

Ryan Judd, MA, MT-BC

Do you want to expand your music therapy practice, increase your income and empower yourself with new skills? Do you ever dream about achieving lofty goals and financial freedom while doing what you love? This experiential workshop will highlight the four foundations for creating this level of success and achievement.

Leader, Teacher, Shepherd, Guide: Considerations for Facilitating Groups

SALON D

Caryl Beth Thomas, MA, ACMT, MT-BC

Group work and building community has been the primary focus of my work as a music therapist for over three decades. This presentation will be an exploration of the many roles and responsibilities that a group leader might play when creating a safe space for any group.

Gen Silent: Growing Empathic Understanding of LGBT Older Adults **SALON E**

Lisa Kynvi, MA, MT-BC, LMHC

Sensitive, compassionate and effective work with LGBT older adults requires a depth of understanding of their histories and their particular position in our culture today. The award-winning documentary Gen Silent offers exactly this empathic viewpoint. In this session we will view the film, and participate in focused discussion afterward.

12:00 pm – 1:00 pm Concurrent Sessions

An Unlikely and Transformative Collaboration between a Music Therapist and a Researcher **SALON A**

Cyd Slotoff, MT-BC, Kris Noam, PhD

In 2015, Michael Bolton Charities funded both a music therapist at a small, urban, alternative high school and a researcher at Clifford Beers Child Guidance Clinic to evaluate the program. This presentation describes the challenges (including mutual skepticism), logistics and assessment tools, and ultimately collaborative relationship and successful research results.

Attention is the Bedrock of All Cognition **SALON B**

Kathleen Howland, PhD, MT-BC

Attention is the bedrock of all cognition. Music is one of the most, if not the most powerful sensory stimuli to establish and maintain attention. Once attention is established, all other types of responses are possible- movement, speech, language, higher cognitive processing and emotions. This presentation will look at how music therapy techniques are ideal tools for engaging attention.

An Open Discussion about Growth and Challenges in Pediatric Music Therapy Programs **SALON C**

James Danna, MT-BC, Neurologic Music Therapist

This open panel discussion will assist in identifying challenges that can be collectively addressed with support and collaboration between programs and clinicians within the pediatric music therapy community. This panel will also serve as a networking tool to aid in providing on-going, long-term support for local pediatric music therapy programs.

Recertification 101: Make Your Credits Work for You, CBMT **SALON D**
Rebekah DiMieri, MT-BC

Acquiring 100 recertification credits does not have to be confusing or costly! We will review the most updated recertification requirements, identify and evaluate various economical options for obtaining credits, and review the online platform for recording continuing education. Bring your recertification questions and scenarios for thoughtful discussion and suggestions!

Diversity within Judaism and the Role of Music **SALON E**
Alison Dagger, Music Therapy Student

Diversity within the Jewish community is not only confined to the various denominations, there is also a myriad of world views arising from generational and societal influences. This presentation will highlight the terminology within the community, the meaning and use of music in secular and sacred settings.

1:00 pm – 1:40 pm Instrument Yard Sale/Craft Fair

1:45 pm – 2:00 pm Closing Circle

2:15 pm – 5:15 pm CMTE Course E

Mindful Music Listening with Teenagers: “Bohemian Rhapsody” as a Therapeutic Tool

Maya Benattar, MA, MT-BC, LCAT

From Queen to Madonna to Sia, the music that shapes our teenage years can be an important experience of connection and insight. This presentation will explore music listening as a creative, mindfulness-based technique, both for therapeutic use with teenagers and as a tool for professional and personal growth.

2:15 pm – 5:15 pm CMTE Course F **FREE FOR AMTA MEMBERS**

Walk in, Scramble in, Hop out, or Purge out of the Closet: LGBT Identity Development Through the Lifespan