

New England Region of the American Music Therapy Association

Empowering the Wind in our Sails

March 30-April 1, 2017



Dear Colleagues,

Welcome to the 2017 NER-AMTA conference! We are so excited that you are here. This year's conference promises to be empowering, full of learning, networking, connecting, and fun.

In continuing with some of the innovations that were made last year, we are again going paperless with our program. The program can be accessed on your device through our website (musictherapynewengland.org.) or downloaded. In addition, this year we are utilizing the Guidebook app. You will receive a passcode at registration that will allow you to download the app. This app was used at AMTA's conference this past November, and we hope that it will be easy and enjoyable to use. If you have questions about the app, the program, or any other conference related questions, please feel free to come to the registration desk during open hours.

We are grateful to our vendors and advertisers, those who have donated items for our raffle, the staff of The Viking Hotel, Lesley University for donating our reusable tote bags, and Anna Maria College for providing instruments. We are also so thankful to our colleagues Krystal Demaine, Mary-Carla MacDonald, Christine Routhier, and Lauren Caso for providing self-care experiences throughout the conference. Special thanks also go to Ruth Khan for helping to organize this year's plenary session on diversity. We are especially grateful to the entire conference committee, the board, all of our conference volunteers, and most especially YOU!

This year we are again excited to offer the instrument yard sale and craft sale to help benefit fundraising efforts for the NER. And as always, Cabaret promises to be fun!

We hope that you enjoy the beautiful scenery, refresh yourself, meet new colleagues and connect with old ones throughout the conference.

Sincerely,

Meg Capen
Conference Chair

Courtney Biddle
Conference Co-Chair

NEW ENGLAND REGION *of the*
AMERICAN MUSIC THERAPY ASSOCIATION

Thursday, March 30, 2017

8:00 am – 10:00 am Registration Open **THAMES FOYER**

9:00 am – 12:00 pm CMTE Course A **SALON C**

NER-AMTA Leadership Academy

Meredith Pizzi, MPA, MT-BC; Annette Whitehead-Pleaux, MA, MT-BC; Jennifer Sokira, MMT, LCAT, MT-BC; Eve Montague, MS, MT-BC plus additional panel presenters TBD

This gathering for professionals, interns and students will inspire music therapists to fulfill their highest potential while empowering them to lead in their areas of expertise! Leadership Academy participants will experience multiple frameworks for thinking about leadership and how to recognize and build critical skills in all areas of leadership!

12:00 pm – 2:00 pm Registration Open **THAMES FOYER**

1:00 pm – 6:00 pm CMTE Course B **SALON B**

Developing and Expanding Supervision Skills

Annette Whitehead-Pleaux, MA, MT-BC; Meredith Pizzi, MPA, MT-BC; Katie Bagley, MA, MT-BC; and Laetitia Brundage, MT-BC

This intensive training will focus both on the theory and practical skills of clinical supervision. Learners will be immersed in both didactic learning and experientials where they can practice verbal, musical, and expressive arts techniques for supervision. Special attention will be paid to culturally competent supervision and crisis management.

1:00 pm – 6:00 pm CMTE Course C **SALON A**

Music Therapy and Chronic Pain

Joy L. Allen, Ph.D., MT-BC; Heather J. Wagner, Ph.D., MT-BC

This CMTE will review symptoms and need areas associated with chronic pain, latest research findings, and advanced music therapy techniques for assessing and treating chronic pain. A strong experiential component, whereby role playing client therapist relationships will be undertaken in efforts to facilitate opportunities to implement advanced clinical techniques.

2:00 pm – 5:00 pm CMTE Course D **SALON C**

SOS – Singing Off Stress and Soothing Our Souls

Caryl Beth Thomas, MA, ACMT, LMHC; Bronwyn Bird, MT-BC

Bronwyn and Caryl Beth have both been engaged in group singing for most of our collective lives, both personally and professionally. We whole-heartedly believe in the power and beauty of collective singing, and wish to take this opportunity to share this work with our music therapy colleagues and community in a more in depth manner. Singing simple songs, chants, rounds from all over the world and spans of time, we both utilize the concept of singing in community in our clinical work and in our own musical and personal lives. We both find it to be powerful

and healing for everyone that enters a circle of song, and also in being the leaders of these circles as well. So we'd like to have this course be both practical in terms of learning songs and ideas for clinical work, as well as a much needed form of self-care for practicing music therapists. The expressive process of joining one's voice in unison and harmony with others is a powerful way to transcend daily challenges, while uplifting and energizing one's spirit. Our hope is that participants will have the chance to directly experience the unique qualities of communal singing in this workshop to naturally create awareness, grounded breathing, and relaxed vocal production. And that they might also discover the power of repetition, simplicity, rhythm and harmony in reducing daily stresses while creating joy through social song.

4:30 pm – 6:00 pm Registration Open **THAMES FOYER**

The above CMTE courses are part of Empowering the Wind in Our Sails, the 2017 conference of the New England Region of the American Music Therapy Association (NER-AMTA.) Courses A and D are approved by the Certification Board for Music Therapists (CBMT) for 3 Continuing Music Therapy Education credits; Courses B and C are approved by CBMT for 5 Continuing Music Therapy Education credits.. The AMTA-New England Region P-063 maintains responsibility for program quality and adherence to CBMT policies and criteria. There are no prerequisites required for any of these CMTE courses.

6:15 pm – 6:45 pm Opening Song Circle **SALON C**

8:30 pm – 9:30 pm Drum Circle with Lauren Caso **SALON C**

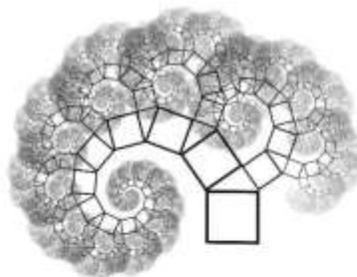


Whether it's supporting the music therapy profession through your membership in the American Music Therapy Association and receiving the many benefits you'll enjoy - or attending, learning, presenting and volunteering at the biggest annual meeting of music therapists in the United States, AMTA is a part of your professional life you won't want to miss. Build the future of music therapy with us. Become a member of the American Music Therapy Association in 2017 and attend the annual conference in St. Louis this year.

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- Journal Subscriptions, both online & print
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Umbrella Groupings Information

We are pleased to offer you information on umbrella groupings again this year. According to CBMT, "SHORT EVENTS The Board Certified Music Therapist may earn up to 25 CMTE credits per cycle for this category. Live courses valued at fewer than 3 CMTE credits each may be submitted up to a limit of 25 CMTE credits per five-year recertification cycle. The experiences in this category are similar to those applied under the Educational Courses category, except that they are valued at fewer than 3 CMTE credits and have no required evaluation component. Short events may be combined to form Umbrella groupings if they relate to the same area of the CBMT Board Certification Domains (p. 21 of the Recertification Manual.) While these short events do not need to happen all within the same conference, they need to happen within 1 year of each other.

In this year's program, you will see numbers listed after each presentation. The numbers correspond to the list below to help you plan for these umbrella groupings.

1. Adolescents
2. Adults
3. Advocacy
4. Assessment
5. Autism
6. Business/Private Practice
7. Children
8. Clinical Issues
9. Collaboration/Teaming/Interdisciplinary Care
10. Creative/Expressive Arts
11. Developmental Disabilities
12. Early Childhood and/or Infants
13. Education/Clinical Training
14. Ethics
15. Empowerment
16. Families
17. General Professional Music Therapy Topics
18. Group Facilitation
19. Guided Imagery/GIM
20. Hospice/Palliative Care
21. Improvisation
22. International/Multicultural Issues
23. Leadership
24. Medical/Oncology
25. Mental Health
26. Music
27. Music Therapy Approaches
28. Music Therapy Students
29. Neurologic Music Therapy
30. Nordoff-Robbins
31. Philosophy/Theory
32. Percussion/Drumming
33. Research
34. Rett Syndrome
35. Song Writing
36. Special Education/Related Disabilities
37. Substance Abuse
38. Speech/Language/Communication
39. Technology/Social and New Media
40. Wellness/Stress/Self-Care

To claim these credits for recertification, you need to track which sessions you have been to. You can use the Umbrella Groupings worksheet found in your conference bag, or you can follow the following link and fill out the form for each concurrent session that falls under the particular grouping. <http://goo.gl/forms/ut9FzViOB>

If you choose to fill out the electronic form, please know that it is imperative that you enter the 4 digit beginning and end codes given by the presenter. This is done on the honor system, and it is unethical to share codes with other attendees or non-attendees that have not been part of the concurrent session.

Friday, March 31, 2017

7:00 am – 11:30 am Registration Open **THAMES FOYER**

7:15 am – 8:15 am Yoga with Krystal Demaine **SALON A**

Join Krystal Demaine, for an energizing morning yoga flow and mindful meditation session. Please bring your yoga mat for stretching, cushions for seated meditation, and eye pillows or blankets for added relaxation. This session is open to all conference attendees.

7:30 am – 9:00 am Continental Breakfast **BELLEVUE BALLROOM**

8:30 am – 9:30 am Concurrent Sessions

Blowin' in the Wind in our Sails **SALON A**

Suzanne B. Hanser, Ed.D., MT-BC

The purpose of the session is to promote music therapists' personal wellness practices through music. Although it seems logical to assume that music therapists use music to enhance their own wellbeing, this is not always the case. Participants will learn and practice evidence-based music self-care strategies, and discuss barriers to implementation.

(2,15,26,40)

Sharing our Work: Report of the MLE Subcommittee **SALON B**

Eve Montague, MSM, MT-BC

MLE Subcommittee members will share information about our work in the last year. Featured will be work with Pro Bono Analytics, our work to analyze and summarize the surveys of educators and internship supervisors, and future tasks of the Subcommittee. (13,17)

Trauma Among the Anusim: New Horizons for Music Therapy **SALON C**

Ruth C. Kahn, MA, MT-BC

Based upon her participation in the 2016 annual conference of the Society for Crypto-Judaic Studies, Ruth will present an update on the perceived need for music therapy services for descendants of Crypto-Jews in New Mexico. Many in this marginalized community experience identity trauma when they discover their Sephardic Jewish ancestry. Participants will learn about the process of identifying and researching new or underserved communities for the Music Therapy field. (1,2,3,4,8,9,15,22,27)

An Open Discussion about Growth and Challenges in Pediatric Music Therapy Programs **SALON D**

James Danna, MT-BC, Neurologic Music Therapist

This open panel discussion will assist in identifying challenges that can be collectively addressed with support and collaboration between programs and clinicians within the pediatric music therapy community. This panel will also serve as a networking tool to aid in providing on-going, long-term support for local pediatric music therapy programs.

(1,3,4,7,8,9,11,12,13,14,15,17,18,20,21,23,24,25,26,27,28,29,30,31,33,36,39,40)

Friday, March 31, 2017

Incorporating Music into Intensive Community-Based Treatment with Families
SALON E

Alicia Iaria, MA, MT-BC

How can music therapists that operate within clinical roles outside of music therapy become empowered to utilize their musical therapeutic skills within these roles? By examining case studies I will discuss how I have incorporated music into my employment role, highlighting the challenges presented and benefits gained. (1,2,7,8,11,25,36)

9:45 am – 11:15 am Concurrent Sessions

10 Strategies for Increasing Engagement with Adults Having Developmental Disabilities **SALON A**

Scott Snow, MT-BC

One for the Money! This experiential workshop will give attendees powerful strategies for engaging adults with developmental disabilities in the group setting. Strategies include: choice-making, adapted songwriting, sensory experiences, effective documentation, visual aids, instrumental jams, effectively involving direct care staff, and songs to insure you start and end strong. (11,18)

Working with Challenging Clients: Managing Escalating Behaviors **SALON B**

Heather Wagner, Ph.D., MT-BC

No matter how skilled the therapist, sometimes clients become aggressive, both verbally and physically. This presentation will offer suggestions about breaking the conflict cycle, responding to aggressive behavior, and using a relational model to help prevent these issues. These techniques are applicable to a variety of clientele, and a variety of ages. (1,2,7,8,11,25,36)

Music Therapy with Latin American Clients **SALON C**

Patricia Zarate, Music Therapist

The Hispanic population reached 57 million in the United States. It is the largest ethnic minority. Music therapists will come across clients from Latin America sooner than later. Cultural differences among countries and the Spanish language are some of the relevant topics that will be discussed in this presentation. (3,9,14,15,17,22,23,26,27,28,31)

Life Turns on a Dime: Navigating Community Trauma and Tragedy **SALON D**

Jennifer M. Sokira, MMT, LCAT, MT-BC

Music therapists can have an important role in the initial and ongoing response to violent community trauma. This presentation will outline the music therapy response to the 12/14/12 tragedy at Sandy Hook Elementary, sharing experiences, lessons learned, and considerations for trauma-informed practice. (3,8,9,10,25,40)

Friday, March 31, 2017

The Music Therapy Entrepreneur: Shark Tank-Style Demonstrations **SALON E**

Karen Wacks, M.Ed., LMHC, MT-BC; Brian Harris, MT-BC, Neurologic Music Therapist;
Meredith Pizzi, MPA, MT-BC; Brenda Stevens Ross, MBA

Today, many music therapists are pioneering music therapy programs globally - some successful & others hit roadblocks. This session will provide tools & tips on advocacy & marketing. Participants will be able to pitch their ideas to a panel of judges, which will be evaluated on innovative idea, proof of market, & competitive advantage.

(6,9,13,14,15,17,22,33,39)

11:15 am – 12:00 pm Research Poster Session and Internship Fair **VIKING FOYER**

12:00 pm – 2:00 pm Business Luncheon **BELLEVUE BALLROOM**



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Friday, March 31, 2017

2:15 pm – 3:15 pm Concurrent Sessions

Piano for All Children: A Pilot Program at a Community Music School

SALON A

Adrienne K. Flight MMT, MT-BC and Krista N. Jadro, MM

This presentation will explore a pilot program providing music education based on Dr. Edwin E. Gordon's theories of audiation to children with exceptionalities in a community music school. Attendees will learn about the method, pilot program, and make music in a variety of meters and modes. (5,6,7,9,11,36)

Advocacy for Our Profession

SALON B

Kathleen M. Howland, Ph.D., MT-BC

Advocacy for our profession has always been a great necessity in advancing the field. This program will consider the variety of advocacy opportunities that present themselves and the variety of responses required. These would include verbal, print and film. Distinctions about music therapy and non-music therapy practices will be given. (3,6,13,15,17,23)

Holding the Space in Your Hospice Session

SALON C

Regan Thompson, MT-BC

Learn how to hold the space for your hospice patient and their family. What does it mean to create a therapeutic environment? Musically what needs to happen? And how does that music open doors for deeper meaning and conversations? (8,20,27)

Collaborating Across Disciplines

SALON D

Nicole O'Malley MT-BC, Neurologic Music Therapist, LPMT; Lauren Cannistraci MS CCC-SLP

This interactive presentation will discuss implications of collaborating with a multitude of disciplines. Improvement of clinical outcomes with varying collaborative strategies will be explored from a multitude of professional perspectives. Speech therapist and music therapist will share importance of defining strategies in collaboration and facilitate carry over. (9)

Neurologic Music Therapy for Cognitive Rehabilitation

SALON E

Caitlin Hyatt, MT-BC, Neurologic Music Therapist and Chrissy Cetnar MS, MT-BC, Neurologic Music Therapist

Through brain imaging and research, Neurologic Music Therapy (NMT) has been found to improve nonmusical cognitive functions including: memory, attention, and executive function. This session will discuss NMT interventions for cognitive impairments due to a neurologic disease or injury. Presenters will provide relevant research, interactive examples, and clinical videos. (1,2,4,5,7,29)

Friday, March 31, 2017

3:30 pm – 5:00 pm Concurrent Sessions

All You Gotta Keep is Strong: Performance, Community Music Therapy, and Resiliency **SALON A**

Shanna Clark, LMHC, MT-BC; Heidi Crampton, MA, MT-BC; Allison Fox, music therapy student, Gina Buckner, music therapy student

Opportunities for self-expression within the safety of a supportive community are among the most powerful avenues to healing from adverse life experiences. This presentation will focus on the clinical implications of performance, community, traditions and rituals within a trauma treatment model. The presenters will highlight how a residential treatment program for adolescents uses an annual "Coffeehouse" tradition to promote resiliency and competency. (1,7,10,15,17,18,25,26,27,28)

Private Practice Growth: Independent Contractors or Employees? **SALON B**
Marissa Scott, MA, MT-BC, CLD and Ryan Judd, MA, MT-BC

Are you ready for growth in your private practice but unsure about hiring an employee or an independent contractor? This presentation will provide an overview of the differences between each, including the legal and financial "need-to-knows," as well as how each structure is working for two successful private practices. (2,17)

Home Base: Drumming with Post-Combat Veterans **SALON C**
Laetitia Brundage, MT-BC

Work with veterans is an integral part of Music Therapy in the United States. While interest is strong, replicable models for group work are lacking. A model for group drumming with veterans and their families participating in an intensive 2-week clinical trial treating PTSD and TBI will be presented. (1,13,15,17,18,21,23,25,27,32,37)

Group Music Psychotherapy to Improve the Self-Concept of Breast Cancer Survivors **SALON D**
Joy Allen, Ph.D., MT-BC

Breast cancer is the number one female cancer, however through early detection, there is a 90% survival rate. This presentation will share clinical work and research with breast cancer survivors, including the process of group guided imagery and music and effectiveness of this technique in addressing self-concept. (1,19,24,27,33)

Music Therapy and Adolescents: A Trauma-Informed Approach **SALON E**
Kyle Fleming, MT-BC

In this presentation, attendees will learn basic information about psychological and neurological impacts of trauma in adolescent mental health, as well as discuss how to approach treatment without re-traumatizing clients. Effective intervention ideas will also be discussed. (1,25)

5:00 pm – 5:15 pm Beverage Break **VIKING FOYER**



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Friday, March 31, 2017

5:15 pm – 6:16 pm Plenary Session: *The Current Climate of Multi-Culturalism: Music Therapy with Diverse Populations in 2017 America* **SALON C**
Ruth C. Khan, MA, MT-BC – Moderator

During this plenary session, participants and panelists will begin to envision diversity in an ideal world of our music therapy profession, and discuss what it will take for us to achieve our goals. We will consider our clinical settings, our individual and group sessions, our cultural work climate, our conferences, and personal and professional experiences. What does diversity in music therapy look like now? In what ways has diversity been honored in music therapy? How has diversity been compromised in our professional lives? What will it take to make sure diversity is a core value in our profession?

6:15 pm – 8:00 pm Dinner on Your Own

6:15 pm – 7:30 pm Latin American Music Therapy Network **SALON A**

6:15 pm – 8:00 pm NERAMTAS Meeting **SALON B**

6:30 pm – 8:00 pm LGBTQAI+ and Ally Wine and Cheese Reception **TBD**
Hosted by Team Rainbow

9:00 pm – 11:00 pm Cabaret **BELLEVUE BALLROOM**



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**SAINT MARY-OF-THE-WOODS
COLLEGE**

Saturday, April 1, 2017

7:30 am – 9:30 am Registration **THAMES FOYER**

7:00 am – 8:00 am Music and Imagery with Mary-Carla MacDonald and
Christine Routhier **SALON A**

Join Mary-Carla MacDonald and Christine Routhier for an early morning music and imagery experience. Come to a gentle wake up in a no-stress environment, and leave rejuvenated and refreshed. This session is open to all conference attendees.

7:30 am – 9:00 am Networking Breakfast **BELLEVUE BALLROOM**

8:30 am – 10:00 am Concurrent Sessions

The Uganda Project: Music – A Coping Strategy in Mass Trauma **SALON A**
Peggy A. Coddling, Ph.D., MT-BC, Karen Wacks, MT-BC, LMHC; Samite Mulando, Founder of Musicians for World Harmony

The role of music in coping following mass trauma is examined. Music applications and outcomes using tele-music therapy and on-site interactions by music therapists and musicians in Uganda following the 1988 war are introduced. Additionally, music effects in the recovery of children with Nodding Syndrome, resulting from the war, are described, all with video depiction. (1,2,7,8,9,15,25,28,33,39)

Regional Philosophy Slam I **SALON B**
Kayla C. Daly, MA, MT-BC, LMHC

A regional version of the national Philosophy Slam! A facilitated interactive discussion forum, that includes a three part intermodal experiential concerning these questions; Why do you do this work? How does your work impact the whole community of music therapy? Is there a comprehensive philosophy that may unite our field? (9,10,13,14,15,17,20,28,31,33)

Expressing Sound and Sight Waves to Transition Lessons from Work to Heart
SALON C
Cassandra Mulcahy, MMT, MT-BC; Kendra Carlson, ATR

Art and music therapies converge to provide mindful self-expressive based interventions for inpatient adult psychiatry. Explore and experience variations on creative arts meditation, developing authenticity, self-awareness and staying present along ones collaborative journey. Use of multi-sensory technology for patient brain health and your own self-care will be presented. (2,8,9,15,18,21,25,26,27,39,46)

Saturday, April 1, 2017

Makey Makeys in Action **SALON D**

Crystal King, MEd, MT-BC, Neurologic Music Therapist; Kristi Rood-DeAngelis, MA, MT-BC, Neurologic Music Therapist, LPMT

Technology provides our clients a creative way to engage in music making and self-expression. This workshop will provide an overview of an eight-week module that was used in a middle school setting using Makey Makeys and Scratch. Participants will also have hands on experience with the technology. (1,10,27,36,39)

Empowering Your Clinical Songwriting **SALON E**

Tracy Richardson, Ph.D., MT-BC

This workshop will focus on short songwriting experiences alone and/or in small groups. Apply simple “rules” to guide songwriting; learn chord progressions and accompaniment patterns used in a variety of music styles. This hands-on workshop aims to give you the knowledge, practice, and skills needed to increase clinical effectiveness. (13,26,35)

10:15 am – 11:45 am Concurrent Sessions

An Overview of Resource-Oriented Music Therapy **SALON A**

Heather J. Wagner, Ph.D., MT-BC

Clinical practice often focuses on improving deficiencies. However, there are approaches with a primary focus of improving what is inherently good within individuals. This presentation will educate participants about one such approach, resource-oriented music therapy, which focuses on building and connecting to internal and external resources. Suggestions about practicing in a resource-oriented manner within a variety of clinical contexts will be included. (8,15,27)

Considerations at the Crossroads: Clinical Applications of the Blues in Music Therapy **SALON B**

Brian Jantz, MT-BC, Neurologic Music Therapist; Hannah Foxman, MT Intern

In American music the Blues represents the roots of integration within a diverse society through cultural expression, awareness, and acceptance. Blues music contains unique aesthetic characteristics, cultural codes, and opportunities for creative collaboration. This presentation will focus on the clinical use of the blues idiom in music therapy. (1,2,15,18,21,25,27,31,35,37,40)

Saturday, April 1, 2017

Grow Your Business and Income – The 4 Pillars of Success and Empowerment
SALON C

Ryan Judd, MA, MT-BC

Do you want to expand your music therapy practice, increase your income and empower yourself with new skills? Do you ever dream about achieving lofty goals and financial freedom while doing what you love? This experiential workshop will highlight the four foundations for creating this level of success and achievement. (6)

Leader, Teacher, Shepherd, Guide: Considerations for Facilitating Groups
SALON D

Caryl Beth Thomas, MA, ACMT, LMHC

Group work and building community has been the primary focus of my work as a music therapist for over three decades. This presentation will be an exploration of the many roles and responsibilities that a group leader might play when creating a safe space for any group. (8,13,17,18,27,40)

Gen Silent: Growing Empathic Understanding of LGBT Older Adults **SALON E**

Lisa Kynvi, MA, MT-BC, LMHC

Sensitive, compassionate and effective work with LGBT older adults requires a depth of understanding of their histories and their particular position in our culture today. The award-winning documentary Gen Silent offers exactly this empathic viewpoint. In this session we will view the film, and participate in focused discussion afterward. (2,3,8,20,22,23,25)

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Saturday, April 1, 2017

12:00 pm – 1:00 pm Concurrent Sessions

An Unlikely and Transformative Collaboration between a Music Therapist and a Researcher **SALON A**

Cyd Sotoroff, MT-BC, Kris Noam, Ph.D.

In 2015, Michael Bolton Charities funded both a music therapist at a small, urban, alternative high school and a researcher at Clifford Beers Child Guidance Clinic to evaluate the program. This presentation describes the challenges (including mutual skepticism), logistics and assessment tools, and ultimately collaborative relationship and successful research results. (1,4,25,33)

Attention is the Bedrock of All Cognition **SALON B**

Kathleen Howland, Ph.D., MT-BC

Attention is the bedrock of all cognition. Music is one of the most, if not the most powerful sensory stimuli to establish and maintain attention. Once attention is established, all other types of responses are possible- movement, speech, language, higher cognitive processing and emotions. This presentation will look at how music therapy techniques are ideal tools for engaging attention. (1,2,4,7,8,9,13,17,21,23,27,29,30)

Empowering Your Digital Self: Mindful Practices with Technology **SALON C**

Cassandra Mulcahy, MMT, MT-BC

Our world is full of rapid technological growth and constant change. Embracing technology within a self-care or therapeutic practice may feel daunting. Explore mindful approaches to engage in this electronic transformation with greater peace and courage. (15, 17, 39, 40)

Recertification 101: Make Your Credits Work for You, CBMT **SALON D**

Rebekah DiMieri, MT-BC

Acquiring 100 recertification credits does not have to be confusing or costly! We will review the most updated recertification requirements, identify and evaluate various economical options for obtaining credits, and review the online platform for recording continuing education. Bring your recertification questions and scenarios for thoughtful discussion and suggestions! (13,17)

Diversity within Judaism and the Role of Music **SALON E**

Alison Dagger, Music Therapy Student

Diversity within the Jewish community is not only confined to the various denominations, there is also a myriad of world views arising from generational and societal influences. This presentation will highlight the terminology within the community, the meaning and use of music in secular and sacred settings. (17,22,26,27)

Saturday, April 1, 2017

1:00 pm – 1:40 pm Instrument Yard Sale/Craft Fair **VENDOR AREA**

1:45 pm – 2:00 pm Closing Circle **SALON C**

2:15 pm – 5:15 pm CMTE Course E **SALON A**

Mindful Music Listening with Teenagers: “Bohemian Rhapsody” as a Therapeutic Tool

Maya Benattar, MA, MT-BC, LCAT

From Queen to Madonna to Sia, the music that shapes our teenage years can be an important experience of connection and insight. This presentation will explore music listening as a creative, mindfulness-based technique, both for therapeutic use with teenagers and as a tool for professional and personal growth.

2:15 pm – 5:15 pm CMTE Course F *FREE FOR AMTA MEMBERS* **SALON B**

Walk in, Scramble in, Hop out, or Purge out of the Closet: LGBT Identity Development Through the Lifespan

Xueli Tan, Ph.D., MT-BC; Annette Whitehead-Pleaux, MA, MT-BC; Lisa Kynvi, MA, MT-BC, LMHC; Michele Forinash, DA, MT-BC, LMHC

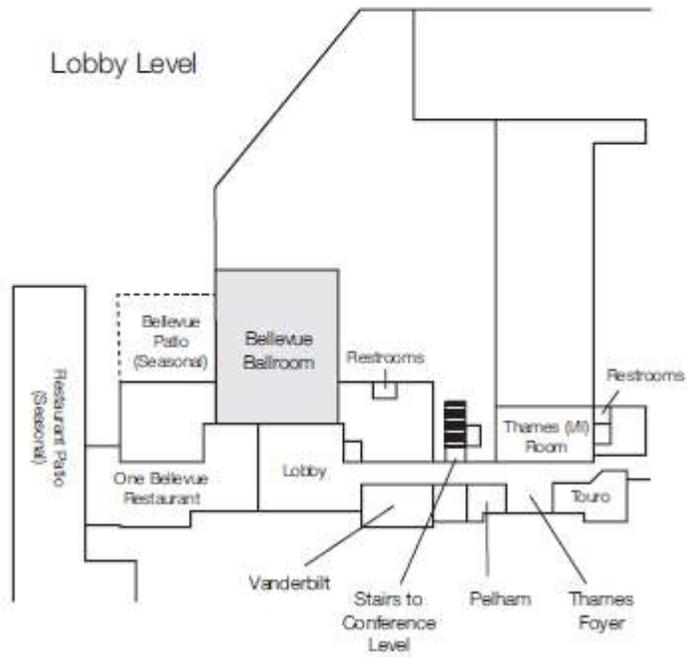
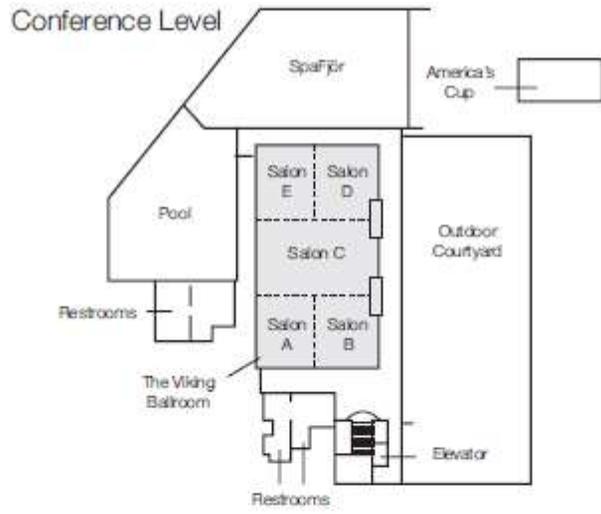
LGBT identity formation throughout the lifespan is rarely a static, universal process that transcends all nuances of social identity influences. We will examine theoretical models, the influence of social identities such as race in creating different patterns, and the impact of social media on identity formation. Clinical implications for these pertinent identity formation milestones will be discussed.

The above CMTE courses are part of Empowering the Wind in Our Sails, the 2017 conference of the New England Region of the American Music Therapy Association (NER-AMTA.) Courses E and F are approved by the Certification Board for Music Therapists (CBMT) for 3 Continuing Music Therapy Education credits. The AMTA-New England Region P-063 maintains responsibility for program quality and adherence to CBMT policies and criteria. There are no prerequisites required for any of these CMTE courses.

2:15 pm – 4:00 pm Board Meeting **THAMES**

All conference refunds must be in writing and sent to the treasurer by March 20, 2017. The refund will be given less a \$25.00 processing fee only if it is postmarked/mailed by March 20, 2017.

**Please be sure to join us for the 2018 NER-AMTA conference
April 19-21 at Water's Edge Resort and Spa, Westbrook, CT**



CMTE Presenter Bios

Joy Allen, Ph.D., MT-BC is the Chair, Music Therapy at Berklee College of Music. She is an accomplished clinician, researcher, and educator, with extensive experience in psychological health, pain management, and the family system. She is particularly passionate about working with individuals and families facing chronic illnesses, including cancer.

Katie Bagley, MA, MT-BC, Lead Music Therapist at Roman Music Therapy Services, is passionate about providing person-centered music therapy at the beginning and end of life, emphasizing symptom management.

Maya Benattar, MA, MT-BC, LCAT is a music psychotherapist in private practice in New York City. She has a decade of diverse clinical experience in various settings.

Bronwyn Bird, MT-BC is co-founder of The Birdhouse Center of the Arts in Lambertville, NJ providing music therapy services for a wide variety of ages and clinical populations as well as community based arts programs.

Laetitia Brundage, MT-BC, Lead Music Therapist at Roman Music Therapy Services, is strong passionate about helping others find and harness their strengths through the power of music and human connection.

Michele Forinash, DA, MT-BC, LMHC, Director, Division of Expressive Therapies & PhD Program, Lesley University, Cambridge, MA

Lisa Kynvi, MA, MT-BC, LMHC, is a music therapist at Care Dimensions in Massachusetts. She is passionate about her work in hospice and with Team Rainbow.

Eve Montague, MS, MT-BC, is Director of Creative Arts Therapies, Chair of SSC's Music Therapy Department and is the Past-President of the New England Region. Eve also serves as the Internship Committee Representative for the NER. is Director of Creative Arts Therapies, Chair of SSC's Music Therapy Department.

Meredith Pizzi, MPA, MT-BC, Executive Director of Roman Music Therapy Services, and Co-Founder and CEO of Raising Harmony, has served AMTA in both regional and national roles. She has devoted her career to business development, advocacy, training, and supervision of the skills needed for community music therapy.

Jennifer Sokira, MMT, LCAT, MT-BC, Executive Director of Connecticut Music Therapy Services and Music Therapist at Resiliency Center of Newtown currently serves as President of NER-AMTA.

Xueli Tan, Ph.Dd, MT-BC, Assistant Professor of Expressive Therapies at Lesley University has written and presented about multicultural issues at the national and regional level. She also serves as the NER-AMTA representative to the Research Committee.

Caryl Beth Thomas, MA, ACMT, LMHC, works at the Lemuel Shattuck Hospital, Jamaica Plain, MA, in the Metro-Boston Mental Health Units and has many years of experience utilizing music and voice.

Heather J. Wagner, Ph.D., MT-BC works as a music therapy clinician and adjunct faculty at several universities. She is a Fellow of the Association for Music and Imagery and works in medical, psychiatric, and palliative care settings. She currently serves as Past President of the NER-AMTA and on the Judicial Review Board of the AMTA.

Annette Whitehead-Pleaux, MA, MT-BC, Senior Clinical Supervisor at Roman Music Therapy Services, performs clinical supervision, continuing education development, administration, and clinical music therapy. Additionally, she teaches at several colleges and holds leadership positions in her work, regionally, & nationally. She is strongly influenced by feminist leadership models.