Music Therapy within Substance Abuse Recovery

Jim Borling, MM, MT-BC
Fellow, Association for Music & Imagery

October 12, 2018
David Friend Recital Hall
7 CMTEs – Free Admission
Pre-requisites: None

Schedule

8:30am  Registration/Continental Breakfast
9:00am  Welcome
Darla Hanley, Dean Professional Education Division
Joy Allen, Chair, Music Therapy Department
9:15am  Advocating for Those Affected by Substance Abuse Disorder
Maureen Cavanaugh, Founder & President, Magnolia New Beginnings
10am  Music Therapy and Substance Use Disorder (SUD): Exploring the Universal Nature of Addiction
Jim Borling, MM, MT-BC, FAMI
12pm  Lunch
1:30  Research: Music Therapy and Substance Use Disorders
Brian Jantz, MA, MT-BC
2:00  Levels of Recovery: Biophysical, psycho-emotional, psycho-spiritual
Jim Borling, MM, MT-BC, FAMI
3:00  Break
3:15  Conscious Drumming: Drumming from the Heart
Jim Borling MM, MT-BC, FAMI
5:00  Wrap-up/Course Evaluations

Learning Objectives:

1. Participants will identify 2-3 key components of the addictive process (I.B. 4.11; I.C.2, 1.D.2)
2. Participants will describe the differences between physical, emotional and spiritual recovery within substance abuse disorder treatment (B.3.c, e, h; I.B.12, C.2.)
3. Participants will describe how music therapy experiences can be integrated into levels of recovery (I.D.4.; LD.10; IV.A.2)
4. Participants will demonstrate how drumming as a structure for intentional group work within recovery models (IIA.2.g.; q; q; v; ah, an, ao, aw.).

Music Therapy within Substance Abuse Recovery is approved by the Certification Board for Music Therapists (CBMT) for 8 Continuing Music Therapy Education credits.
Berkeley College of Music #P-161 maintains responsibility for program quality and adherence to CBMT policies and criteria. Cancellation Policy: In the event of cancellation due to unforeseen circumstances, Berklee will make every attempt to reschedule, within 14 days of the original date.