

Thursday, March 28th

CMTE Schedule - Preliminary Program

Room

9:00 am - 12:00pm 3 hour CMTE's

Presenter Bios in back of program

Nauset II

Music and Imagery: Igniting our relationship with music

Christine Routhier, MA, MT-BC, LMHC; Sally Harrison, MA, MT-BC, LMHC; Mary Carla MacDonald, MA, MT-BC
Hear with new ears and reignite your passion for music. Listen even more deeply. This workshop is an opportunity to explore your relationship with music and discover the transformative power of receptive music experiences both personally and professionally. Activities include innovative approaches to deep listening, through music and imagery experiences, and group collaboration.

Chatham

Intermodal Transfers within Music Centered Music Therapy

Kayla C. Daly MA, MT-BC, LMHC

This three-hour interactive CMTE will focus on offering participants multiple intermodal transfer experiences that delve into using art as an enhancing supplemental tool to the improvised music therapy process. There will be 3 engaging experientials, a brief literature review and case study presentation.

12:30 pm - 3:30 pm 3 hour CMTE's

Nauset IV

The Trauma Informed Music Therapist

Jennifer M. Sokira, MMT, LCAT, MT-BC (contact person) Joy L. Allen, Ph.D., MT-BC Heather J. Wagner, Ph.D, MT-BC

Through a combination of didactic and experiential learning, attendees will learn how to apply trauma-informed principles, concepts and tools in clinical music therapy practice, and to prevent and address vicarious trauma, compassion fatigue and burnout in themselves, their students and their supervisees.

12:30 pm - 5:30 pm 5 hour CMTE's

Highland

Fuctional Percussion: Cultural Foundations

R. Demeko Freeman MMT MT-BC

Across populations music therapists make use of various drums and percussion to achieve therapeutic goals. Presenter will explore the cultural roots/history of the Djembe and Conga Family, including technique, tuning, and rhythms, in effort to foster a deeper cultural understanding and aesthetic of world percussion use in music therapy.

Nauset III

Supervising the National Roster Intern *FREE FOR AMTA MEMBERS*

Brian Jantz, MA, MT-BC, LPMT; Eve Montague, MSM, MT-BC

The 5 hour CMTE provides a comprehensive overview of clinical supervision topics specific to the internship experience. Stages of internship, supervision models, strategies, ethics, and methods to address various challenges will be presented. It fulfills the training requirement for National Roster Internship Directors; however, is open to all music therapy supervisors.

Nauset V

Culturally Responsive Music Therapy Supervision: Reflexivity and Ethical Practice

Susan Hadley, PhD, MT-BC; Marisol Norris, PhD Candidate, MT-BC

This CMTE will explore culturally responsive music therapy supervision discussing diverse perspectives and practical applications. We will discuss issues related to racialization, gender identities, sexual orientation, disability, class, religion, age, language, and their multiple intersections, location of the self in therapy and navigating difficult dialogues about power, privilege, and difference.

The above CMTE courses, which are part of, 42, 000: Embracing Our Impact, the 2019 conference of the New England Region of the American Music Therapy Association is approved by the Certification Board for Music Therapists (CBMT) for 3-5 Continuing Music Therapy Education credits. The AMTA-New England Region P-063 maintains responsibility for program quality and adherence to CBMT policies and criteria. There are no prerequisites required for an of these CMTE courses.

EVENTS & SESSIONS

Friday, March 29th - Preliminary Program

TBD

8:00 am - 10:00 am Business Breakfast

Come join us for a breakfast buffet to discuss all things NER-AMTA in 2019. Elections & the annual raffle will be held as well! Let your voice be heard.

Room

10:15 am - 11:45 am Session 1

Nauset III

Damage Control: What to do When Sessions Go Wrong

Annette Whitehead-Pleaux, Laetitia Brundage, Katie Bagley, Shannon Flaherty, Maureen Young, Maura Pastran, Marcie Rozek-Arena, Jennifer Chute, Amadee Castenell, Meredith Pizzi

Everyone has sessions that go wrong. This is a time to come together with other music therapists to share about these sessions. Through didactic lecture, experiential, and discussion, this session will cover how to manage the session, share it with stakeholders, the role of supervision, and preparing to go back.

Nauset V

The Hidden Biases of Good Music Therapists: Checking our Blind

Spots *Karen Wacks, M.Ed., LMHC, MT-BC; Brenda Stevens Ross, MBA, Claudia Eliaza, MT-BC, Dan Zanes*
Research demonstrates that unconscious bias can be a significant obstacle to effectively working with our clients, our colleagues and our students. Self-awareness is at the heart of comprehending the diverse world around us. Participants will explore themes of "us and them", the hidden costs of stereotypes and disadvantages and discrimination.

Race Point

Tips for Submitting Strong Presentation Proposals

Julie Andring, Ph.D., MT-BC

This session aims to share an overview of what makes a strong proposal for selection at regional conference and what components are reported to comprise a successful course.

Catham

Re-fueling for Music Therapy Students: Music as a Resource

Lisa Summer, PhD, LMHC, MT-BC; Emily Hawley, Student; Kayla McBrien, Student

Are you stressed? Just surviving? In this session you will have an opportunity to use music & imagery as a resource for self-nurturance and to hear from music therapy students currently utilizing music to cope with the stresses of clinical placements and course work.

Nauset IV

Private Practice 101: The Nuts and Bots

Megan Goddu, MT-BC, Neurologic Music Therapist

The decision to go private practice can be a scary and unfamiliar road. This presentation will explore the Music Therapist's journey to private practice work - the pros and cons. Participants will have the opportunity to interact, share and discuss their own personal experiences with private practice.

Nauset II

Engaging and Interacting: A Drumming Experience with Elders

Krystal Bloom, MT-BC; Morgan Johnston, Music Therapy Intern

Even elders enjoy drumming! This session evaluates participation in a 6-week drumming program with elders in a skilled nursing facility. We'll examine the why, who, and how of the program, and provide session plans and hands-on experience for attendees.

EVENTS & SESSIONS continued

Friday, March 29th - Preliminary Program

1:00 pm - 1:50 pm Networking Lunch

Take a break to connect with your colleagues and allied professionals. The buffet lunch is on us!

2:00 pm - 3:15 pm Session 2

Ocean View Room

Room

Nauset III

Evidence based practice in music therapy: Developing Measurable Program Outcomes *Joy Allen PhD MT-BC*

Clinicians must demonstrate the effectiveness of music therapy programs in a wide variety of settings. The presentation will clarify terminology, suggest ways of responding to the demand, share resources, and assist participants in developing measurable music therapy program outcomes based on ability, resources, and level of evidence asked to provide.

Nauset V

Critical Social Aesthetics in Action! Improvising with Social Resonance and Response - Cultural Listening method.

Dr. Rebecca Zarate MT-BC, LCAT, AVPT

The emergence of a critical approach to improvisation has come from the development of a critical social aesthetics theory that includes the method of clinical listening <---> cultural listening (CLCL). The method includes four core skills - intention, reflexivity, listening, and cultural musical images and projections. It can be considered by music therapists as part of treatment planning. These core skills will be explored as part of the critical social aesthetics and improvisation frame.

Race Point

Economical Options for Recertification and How to Earn Your Credits *Hindi Burkett, MT-BC*

Acquiring 100 certification credits does not have to be confusing or costly! We will review the most updated recertification requirements, identify and evaluate various economical options for obtaining credits, and review the online platform for recording continuing education. Bring your recertification questions and scenarios for thoughtful discussion and suggestions. Be ready for some very pleasant surprises!

Chatham

Navigating Interdisciplinary Work and Self Advocacy: Music Therapist and Student Perspectives

Mary Reinsch, MT-BC; Cacia King, MT-BC; Katelyn Sable, Music Therapy Student (Anna Maria College)

Our presenters bring three different perspectives on Adam's Camp New England to this presentation, one of a veteran therapist, a new professional, and a student volunteer. We will explore what interdisciplinary work is like for music therapists and students, including the challenges that can occur and the importance of advocacy.

Nauset IV

Applications of the Biopsychosocial Approach to Music Therapy

Heather Wagner, PhD, MT-BC

The biopsychosocial approach to health can be effectively applied to music therapy practice. Music, as a multidimensional phenomenon, inherently can embrace biopsychosocial principles to meet a variety of client needs simultaneously. This presentation will promote embracing this philosophy in a variety of clinical contexts.

Nauset II

The roots and rhythm of the heart: An integration of sound, image, and story *Krystal Demaine, PhD, MT-BC, REAT, RYT*

The internal heartbeat is an underlying source for inwardly and outwardly exploring one's connection to ancestral roots, vulnerability, and self-identity. Participants will use the heart beat rhythm and drumming as a container for exploration and expression, followed by reflective meaning making through visual art and creative writing.

EVENTS & SESSIONS continued

Friday, March 29th- Preliminary Program

3:30 - 4:45 pm Session 3

Room

Nauset III

Accessing Self Through Music and Imagery

Christine Routhier, MA, MT-BC, LMHC

Throughout time, humankind has searched for ways to connect with a deeper sense of Self. The concept of Self will be addressed from both a GIM and an Internal Family Systems perspective. The importance of embodying Self and strategies for sustaining the connection to the core Self will be examined. Case studies using the Continuum Model of GIM will illustrate this process.

Nauset V

Navigating Your Privilege and Bias

Meera Sinha MT-BC

This interactive workshop seeks to provide attendees with tools and a safe space to explore their own biases through group discussions, music-based activities, and non-musical experientials. Attendees will learn of the impact of bias, as well as how to use privilege as a platform for advocacy.

Chatham

Informed Improvisation: Connection and Support during Clinical Musicking

David Nicholson Music Therapy Student - Berklee College of Music

Informed improvisation invites students and professionals alike to accumulate pragmatic material for moments of clinical musicking. This workshop focuses primarily on the improvisatory use of guitar in clinical sessions. The 'tips-and-tricks' introduced will provide attendees with a gamut of techniques to use in their own work or practice routine.

Nauset IV

Music Therapy as Trauma-Informed Practice

Mary-Carla MacDonald, MA, MT-BC

Incorporating a Trauma-Informed Approach, as a universal precaution, into everyday music therapy practice integrates an understanding of trauma, its prevalence, symptoms, and impact. This workshop covers the core principles of trauma-sensitive care and developing protective experiences for clients and staff that are responsive, sensitive, aware, and conducive to growth.

Nauset II

Improvising on Lap Harp and Kalimba for Group and Individual Music Therapy

Janna M. Frelich, MA, MT-BC/NMT, LMHC

Diatonic or levered lap/folk harps and kalimba are unique and easily portable instruments whose simplicity of use lends them to work with both individuals and groups. Without much training, you can incorporate them into modal and improvisational playing for guided imagery and other interventions. This workshop will help you explore approaches to using them in therapeutic practice.

EVENTS & SESSIONS continued

Friday, March 29th - Preliminary Program

Room

5:00 - 6:15 pm Session 4

Nauset III

Women and Music Therapy Aesthetics: Planting New Seeds and Growing the Conversation

Dr. Rebecca Zarate MT-BC, LCAT, AVPT, Dr. Marisol Norris, MT-BC

This interactive workshop seeks to provide attendees with tools and a safe space to explore their own biases through group discussions, music-based activities, and non-musical experientials. Attendees will learn of the impact of bias, as well as how to use privilege as a platform for advocacy.

Nauset V

Using Hip Hop in Music Therapy

Corrine Mina, Candidate for M.A. at Lesley University

In 2018, hip hop was the most consumed genre of music in the United States. What has previously been portrayed in media as a misogynistic, violent, profane, and inferior art form has transformed to dominate society's definitive everyday vernacular and popular culture. How can we apply techniques used in hip hop to promote wellness in therapeutic settings while addressing the critical social problems of adapting the music of marginalized communities?

Race Point

Roundtable on Retention

Sarah Gagnon, MT-BC, Courtney Biddle, MMT, MT-BC

The NER representative and national co-chair of AMTA Workforce and Retention Committee cordially invite you to a roundtable discussion focusing on retention concerns and needs of music therapists in our region.

Chatham

Meet the Board

Brian Jantz MA, MT-BC, Wendy Krueger MA, MT-BC

Come meet members of the board and find out how you can join and make a difference locally and on the national level!

Nauset IV

The Challenges and Rewards of music therapy in the severe special needs population

Mollie Caravello, MT-BC

Working with the severe special needs individuals ages 2.8 - 22 can be both extremely challenging and rewarding. Engaging this population not only involves knowing your students and adults but also the other professionals on the team. It is a forever learning and evolving job.

Nauset II

Optimizing the Use of Musical Instruments for Motor Recovery: Therapeutic Instrumental Music Performance

Caitlin Hyatt, MT-BC, Neurologic Music Therapist Fellow, Kirsten Stockel, MT-BC Neurologic Music Therapist

Recent clinical research has demonstrated the profound impact of auditory rhythm on the motor system and its use in rehabilitation and recovery. This presentation will cover the neural mechanisms of rhythmic entrainment, then demonstrate and workshop Therapeutic Instrumental Music Performance (TIMP) for upper and lower extremities.

EVENTS & SESSIONS

Saturday, March 30th - Preliminary Program

Ocean
View
Room

8:00 am - 9:00 am

Internship Fair & Poster Session Breakfast

Enjoy a breakfast while taking in the latest research our region has to offer and meeting potential internship supervisors.

Room

9:00 am - 10:15 am Session 5

Nauset III

Music Therapy Transformed: New Directions in Treatment Planning

Suzanne B. Hanser, EdD, MT-BC

This session concerns a data-based model of music therapy treatment planning consistent with AMTA's Standards of Practice and MTR 2025. It presents new directions in healthcare and education, including: cultural humility, neurodiversity, integrative medicine, holistic health, ableism, and evidence-based practices.

Nauset V

Culturally Responsive Music Therapy

Annette Whitehead-Pleaux, MA, MT-BC

This session explores the three foundations of culturally responsive music therapy practice. First, we will explore ourselves by discussing intersectionality, power and privilege, and bias. Next, we will discuss a variety of ways to learn about cultures. Finally, we will discuss developing culturally responsive music therapy practice.

Race
Point

Beyond the Basics: Exploring Clinical Musicianship Practice and Education in the New England Region

Wendy Krueger, MA MT-BC

In this narrative inquiry, the concept of clinical musicianship was explored with music therapy educators in New England. Interviewees appeared to agree on many key characteristics of the term clinical musicianship, but had varying opinions on its role in music therapy education and possibility of integration into AMTA's Professional Competencies.

Catham

The "B" Word: Burnout, Resilience and Self-Care for Students

Erin Haney Music Therapy Student - Berklee College of Music

Burnout is emotional, physical and mental exhaustion caused by ongoing stress. Music therapy students and interns are extremely vulnerable to burnout, leading to mental health issues which are often not properly addressed on college campuses. We will explore stress biology, warning signs of burnout, and coping mechanisms for students.

Nauset IV

If You Build It, They Will Come

Adrienne Flight, MMT, MT-BC; Eve Montague, MSM, MT-BC

How does one establish and grow a music therapy department within a community music school? What skills does the therapist need? What information does the school need? What support does both the therapist and the school need? Explore best practices and build your community music therapy program.

Nauset II

Percussion Foundations: History and Culture

R. Demeko Freeman MMT, MT-BC

Across populations music therapists make use of various drums and percussion to achieve therapeutic goals. Presenter will explore the cultural roots/history of the Djembe and Conga Family and include technique, tuning, and rhythms, in effort to foster a deeper cultural understanding and aesthetic of world percussion use in music therapy.

EVENTS & SESSIONS continued

Saturday, March 30th - Preliminary Program

Room

10:30 am - 11:45 Session 6

Nauset III

Mmmm Watcha Say: Improving Verbal Processing Skills in Music Therapy Practice *Rachel Quirbach, MTI*, BMUS in Music Therapy*

Verbal processing is an integral part of music therapy practice. The words a music therapy facilitator chooses to speak empowers participants by making them feel understood, creating a safe space in which to be vulnerable without judgement, enhancing the degree of group cohesion, furthering the level of rapport, and moving the conversation forward. Through techniques such as active listening, verbal and nonverbal validation, utilization of the iso principle, and motivational interviewing, music therapists can greatly improve the non-musical moments that occur in sessions.

Race Point

Building song repertoire for older adults: Thinking beyond client preferred music

Sally McKnight Harrison, MT-BC, LMHC, FAMI

Memorizing songs for work with older adults is time consuming; so you want to choose songs that are useful in multiple ways. In this session you will learn a practical approach to repertoire building and be given a categorized, editable song grid. Come prepared to share songs with the group.

Chatham

Songwriting as Self-Care & Processing: My Musical Journey Through Mental Illness & Healing

Brittany Leonard, Graduate Music Therapy Student; Ryan Greenwood, BA in Sound Recording Technology

A detailed exploration of songwriting and recording as self-care and processing in the field of music therapy. What therapeutic elements of the creative process can help prevent burnout and promote positive self-expression?

Nauset IV

Hospice Program Development from a Culturally Reflexive Lens in Rhode Island *Dalita Getzoyan, MA, MT-BC*

This presentation explores various cultural considerations when developing a music therapy program at a new company, utilizing the specific example of a hospice agency in Rhode Island. Topics include cultural contexts and community impact, initial phases of development, ideal circumstances versus challenges, and creating opportunities for internship and teaching.

Nauset II

Philosophy Slam II

Kayla C. Daly MA, MT-BC, LMHC

Come experience the second year of the Regional Philosophy Slam, with an interactive set of experiential and reflective music/art activities and a lively discussion. We will introduce a mediated roundtable discussion concerning personal and professional philosophies within the field. Referential questions will be proposed to shape and encourage open discussion as it pertains to philosophical theory and clinical practice within the field of music therapy.

EVENTS & SESSIONS continued

Saturday, March 30th - Preliminary Program

Room

12:00pm - 1:15pm

Nauset III

Music therapy and Music and Memory at LTCH: a multidisciplinary experience *Regin Dain, CMT/LMHC; Ian Kovac, MT-BC*

Person centered care is the mission of long term care facilities in the US. Hospital administrators are looking for music therapists' assistance in establishing a technology based individualized music listening (Music and Memory) to complement existing music therapy services. This assignment not only helps to engage more patients, but also gives a therapist an opportunity to educate hospital employees about the differences between Music Therapy and Music and Memory.

Nauset V

Queer Identity Development and Coming Out Stories

Michele Forinash DA, MT-BC, LMHC Annette Whitehead-Pleaux MA, MT-BC

This presentation will focus on the coming out process and Queer Identity Theory. Experiential and didactic methods of teaching will be used. Participants will gain personal knowledge about the coming out process, learn about queer identity development and gain insight into the LGBTQIA+ population of therapists and clients.

Race Point

Beyond Song-Based Interventions: Treating Childhood Trauma When Words Aren't Enough

Stephenie Sofield, MT-BC

This presentation will address the unique needs of traumatized children, and will focus on music therapy techniques to consider when songs may not be effective in supporting the child through the safe exploration and integration of trauma memories. Video examples of techniques will be shared.

Chatham

Examining the Accessibility of Music Therapy in Rural Areas of the United States *Carolyn Artesani, Music Therapy Student - Lesley University*

A detailed exploration of songwriting and recording as self-care and processing in the field of music therapy. What therapeutic elements of the creative process can help prevent burnout and promote positive self-expression?

Nauset IV

Family Music Therapy: Music Therapy Programming to Support Attachment and Development *Samantha Brewer, MT-BC Eligible*

This presentation will provide content based on a systems and family therapy approach to practice. The mechanisms of attachment and impact on child development will inform a look into a pilot program targeted towards "at-risk" families focusing on promoting and supporting attachment, development, and positive parenting outcomes.

Nauset II

Rhythm and Reflection for Social & Emotional Health

Christa Tinari BA, (Psychology) MA (Peace studies & Violence Prevention)

This workshop showcases a model combining accessible rhythmic music and reflective discussions to support social and emotional growth. Analogies drawn from the drum-circle initiate reflective discussions. This is a fun and engaging process that also draws on the latest neuro-science on how rhythm can assist with emotional regulation.

CMTE & EVENT SCHEDULE

Saturday, March 30th - Preliminary Program

Room

1:30PM - 2:30PM
Closing Ceremony

Shutters

2:15 - 4:00 pm
Board Meeting

Room

3:00 PM - 6:00 PM 3 hour CMTE's

Nauset III

Early Childhood Music Therapy: An Early

Laura Micheli MA, MT-BC; Kristina Rio, MT-BC; Danielle Sosnowski, MA, MT-BC

Our focus will be early childhood music therapy with an early intervention perspective. We will discuss challenges and successes in working within this system. Our goals for this CMTE are to share resources, songs, and experientials. We will combine discussion, role play, and active music making to achieve these goals.

Nauset II

Rhythm and Armonía for guitar: Expanding cultural and musical expressiveness

Ezequiel Bautista, MT-BC, Neurologic Music Therapy Fellow

This CMTE will explore the development of complex rhythmic guitar skills for clinical use drawing on Mexican musical traditions. Presentation of information and experientials will be used to engage participants in expanding their clinical musicianship on guitar in order to enhance flexibility and versatility when addressing complex clinical needs.

3:00 PM - 8:00 PM 5 hour CMTE's

Nauset IV

Exploring our Biases

Annette Whitehead-Pleaux, MA, MT-BC

We all have biases. These biases can deeply impact our ability to provide high quality music therapy services and educate our students. This intensive training will focus both on the intersectional theories and privilege. Learners will be immersed in both didactic learning, self-exploration, and arts-based experientials.

CMTE Presenter Bios

Joy Allen, Ph.D., MT-BC

Joy Allen, Ph.D., MT-BC is the Chair, Music Therapy at Berklee College of Music in Boston. She is an accomplished clinician, research, and educator with extensive experience in psychological health, pain management, and the family system. She is particularly passionate about trauma informed critical pedagogy in music therapy.

Ezequiel Bautista, MT-BC

Ezequiel Bautista, MT-BC, works in Phoenix, AZ as a neurologic music therapist and is pursuing his MMT from Slippery Rock University and is passionate about culture and social justice work in music therapy.

Kayla Daly MA, MT-BC LMHC

Kayla is the founder of the Worcester Center for Expressive Therapies. She is adjunct faculty at Lesley University & Anna Maria College and is completing her PhD at Temple University. She also serves as the NERAMTA SAAB Representative.

Demeko Freeman MMT

Demeko Freeman MMT, entered the field of music therapy with a backpack, a tent, and a Djembe. He was greeted with small chuckle when he questioned, "Why do I need anything else but a drum?" He has since gained a fuller understanding of music therapy, which has deepened his belief in the function of percussion and rhythm in a therapeutic contexts. He is interested increasing the understanding of how ritual, traditional rhythms and instruments, and group music making enhance community well being. His top three percussion cultures of study are West African Manding Music, Afro-Cuban Percussion, and Brazilian Samba.

Susan Hadley, Ph.D., MT-BC

Susan Hadley, Ph.D., MT-BC, Professor and director of music therapy at Slippery Rock University, coordinates the MMT program, which has a strong emphasis throughout on culture and social justice.

Sally Harrison, MA, MT-BC, LMHC,

Sally Harrison, MA, MT-BC, LMHC, has 20 years experience, specializing in dementia, adult psych, and GIM. She teaches at Lesley University, supervises MT interns, and maintains a private practice in GIM. Sally is a Fellow of the Association for Music and Imagery.

Brian Jantz, MA, MT-BC, LPMT

Brian Jantz is the NER-AMTA AIAC representative. He is experienced as an internship and practicum supervisor with diverse populations and settings. Brian is currently full-time faculty at Berklee College of Music.

Mary Carla MacDonald, MA, MT-BC

Mary Carla MacDonald, MA, MT-BC, is a founding member of Greater Boston Music Therapy providing music therapy services, supervision, and consultations, in the Greater Boston Area. She is a Lecturer and Clinical Supervisor at Lesley University. Mary-Carla is a Fellow of the Association for Music and Imagery.

Laura Micheli MA, MT-BC

Laura Micheli, is a Board Certified Music Therapist working in Early Intervention at Thom Mystic Valley since May of 2016. She received her Masters degree in Music Therapy and Mental Health Counseling from Lesley University in 2011. Laura's passion is using music to foster growth, bonding, and community within families of young children.

CMTE Presenter Bios cont.

Eve Montague, MSM, MT-BC

Eve Montague is a Past-President, NER-AMTA, and the AMTA's Association Internship Approval Committee (AIAC) co-chair. She is experienced in clinical supervision and internship development. She is the Director of Creative Arts Therapies at South Shore Conservatory.

Marisol S. Norris, MA, MT-BC

Marisol S. Norris, MA, MT-BC, is a doctoral candidate and assistant professor at Lesley University. Her research focus includes pedagogical approaches to multicultural competence, and models of constructive racial engagement.

Kristina Rio, MT-BC

Kristina Rio is a Board Certified Music Therapist working in Early Intervention at Thom Mystic Valley since July of 2016. She received her Bachelors degree in Music Therapy and Vocal Performance from Anna Maria College. Kristina loves working in early childhood particularly in conjunction with families and with children with Autism Spectrum Disorder.

Christine Routhier, MA, MT-BC, LMHC

Christine Routhier, MA, MT-BC, LMHC, has a music and psychotherapy practice in the Greater Boston area. She is a Senior Lecturer and Clinical Supervisor at Lesley University and supervises music therapy professionals both locally and internationally. Christine is a Fellow of the Association for Music and Imagery.

Danielle Sosnowski, MA, MT-BC, Neurologic Music Therapist

Danielle Sosnowski, is a Board Certified Neurologic Music Therapist and has a Master of Arts in Clinical Mental Health Counseling Music Therapy from Lesley University. Danielle is currently a music therapist at Thom Mystic Valley Early Intervention and servicing families and children from 0-3 years old. She also provides community music therapy groups at the Woburn Public Library for children and their families.

Jennifer M. Sokira, MMT, LCAT, MT-BC

Jennifer M. Sokira, MMT, LCAT, MT-BC is a music therapist at the Resiliency Center of Newtown, focusing on work with clients who have experienced trauma. Executive Director of Connecticut Music Therapy Services, LLC, she also serves on the Ethics Board of AMTA and as Past-President of NER-AMTA.

Heather J. Wagner, Ph.D., MT-BC

Heather J. Wagner, Ph.D., MT-BC is a clinician and adjunct faculty at several universities. She is a Fellow of the Association for Music and Imagery and provides MT in medical, psychiatric, special education, and palliative care settings. She serves on the Judicial Review Board and the Academic Program Approval Committee of the AMTA, and Assembly of Delegates.

Annette Whitehead-Pleaux, MA, MT-BC

Annette Whitehead-Pleaux, MA, MT-BC, Senior Clinical Supervisor at Roman Music Therapy Services, performs clinical supervision, continuing education development, administration, and clinical music therapy. Additionally, she teaches at several colleges.