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# **NER-AMTA Membership Meeting**

**Dallas, TX**

**11/17/18**

Meeting called to order at 9:35am

Board members were acknowledged.

### **Minutes**

Lisa Kynvi moved to approve minutes from 4/28/18

Meredith seconded.

Motion approved.

### **Treasurer's Report**

NER Treasurer provided an overview of checking and savings accounts balances. NER continues to be in strong financial

Conference planners were acknowledged for responsible fiscal planning.

NER-AMTAS treasurers were acknowledged for management of finances.

### **Strategic Plan**

The 2018-19 strategic plan was presented.

President Engel illustrated how everything on agenda is connected to a point of the strategic plan.

### **Membership**

There will be no increase in AMTA dues for 2019, following the trend of zero increase for the past five years.

AMTA continues to advocate an increase in membership.

Pay-It-Forward program described by co-chairs of committee. Deadline is 12/5/18 to apply.

Our committee's goals all boil down to pretty much one idea: to grow the AMTA membership family, with a special focus on having a larger percentage of MT-BCs as professional members.

One goal we have is to hold membership drives in each region in 2019. Please be willing to participate in those drives by making a few contacts if you are able. The personal connections and conversations that are a byproduct of the calls made help create a tighter knit community and a stronger voice for music therapy, which in turn supports the music therapy profession.

The committee worked yesterday to add to our video library of testimonials about the benefits of membership in AMTA. Everyone in attendance recorded a video on the spot and we were even able to convince our Council Coordinator on the AMTA Board of Directors record a video!

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Ways to expand membership include:

Check in challenge - AMTA members in region encouraged to check-in with a co-worker, employee, colleague about benefits of AMTA

Host a town hall via video chat platform (Skype, zoom, etc.) - Members and non members welcomed to discuss how to support fellow music therapist in the region

Highlighting 2 AMTA members from each region throughout the year to show the diversity and breadth of work covered by MTs.

### **Financial Committee**

As you may remember, the Financial Committee, primarily working on fundraising events to help support the Membership Support Program's activities as well as Board Support programs, sponsored many fundraisers at the 2018 Spring Conference at Water's Edge in Westbrook, CT. The restaurant fundraiser at the Cuckoo's Nest raised \$101.43; the Songbook Sales raised \$235.28; the 50/50 Raffle raised \$246.00 and other donations at conference raised \$35. AMAZON SMILE offered a time limited incentive which we announced a few weeks back where they offered 10x the amount they usually donate back on purchases resulting in the "5% in 5 Days Offer".

Over the next few months, you will begin to hear about fundraisers that we will have at the 2019 Regional Conference. Plans are underway for an online songbook this year, another restaurant fundraiser at a local restaurant or two, the Musical Yard Sale and the Craft Table. We will also add an exciting piece to our fundraising efforts: We will be selling NER merchandise.

So be on the lookout and consider participating in these fundraisers so that, together, we can help support the Membership Support Program and Leadership Board Programs. Our fundraising programs continue to benefit all of us in the NER!!! As always, if anyone has any ideas for fundraisers, or if you would like to be on the Financial Committee, please contact me (Dorothy Stapleton).

### **Diversity and Inclusion Task Force**

This task force was started in October 2018.

The members of the task force were identified.

### **NER-AMTAS/SAAB**

Goal of the organization was reviewed.

Passages conference was reported to be successful:

- 91 attendees
- 23 presenters
- Community giving campaign raised over \$700 at Passages. This will be an ongoing in order to benefit students through scholarships for membership and conference.

Creating two new committees:

- Video master class committee - will facilitate the creation of brief videos to share with students, that will provide a variety of helpful information.
- Student engagement committee - goal of finding new, more frequent gatherings of students.

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SAAB is working to find new ways to help students and foster their development in the music therapy profession.

### **Regional Conference**

3/28-3/30/19, Seacrest Hotel in North Falmouth

Conference title is 42,000: Embracing Our Impact. This theme refers to the potential number of clients that NER music therapists reach in a given year.

The call for papers is due 12/2/18. All are encouraged to submit presentations proposals.

Conference attendee interests for presentations identified from last year are: Technology, diversity and inclusion, mental health, forensic, collaborative

Blind review process of proposals was reviewed.

### **Executive Director**

Speaker of the Assembly, Angie Snell, introduced our new AMTA Executive Director, Lee Grossman.

### **Committee Updates**

#### **Interprofessional Collaborative Resources Committee (formerly Affiliate Relations) report**

- ICRC is actively working on drafting the first 5 fact sheets which were previously identified as the priority as there are the most number of music therapists working with those populations/settings and in need of updated fact sheets. Those 5 are: Child/adolescent mental and behavioral health, Adult mental and behavioral health, Hospice and Palliative care, Special Education, and Intellectual and Developmental Disabilities. The Child/adolescent mental and behavioral health fact sheet draft is in a final edits phase.
- ICRC has drafted a survey for academic program directors to assess the current state of interprofessional education and research within music therapy education. Program directors, please keep an eye on your inbox for the survey invite and we would greatly appreciate you taking a few minutes to contribute your responses.
- ICRC will be relaunching a link to a google form to continue to enable the self-reporting of music therapists who hold multiple professional credentials.
- If you have any questions or are looking for support and resources in interprofessional areas of your work, please contact your regional representative to the ICRC and/or co-chairs Scott Horowitz and Meganne Masko

#### **Assembly of Delegates report**

-Draft of Aspirational Ethics Interim Code presented to Assembly for a comment, feedback, and edits. Many thanks to the Ethics Committee with our very own Jennifer Sokira and Jennifer DeBedout. New Code is effective February 1, 2019.

-Anti-Harrassement work group

The Assembly passed a motion to establish a work group to write anti-harassment policy and procedures. Notice in the language of the motion (provided below) that each Regional President

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is to forward one nominee to serve on this work group from their regional delegation As reflected in the discussion in the Assembly meetings over the past few years, anti-harassment is a high priority topic for our members and our organization. Those committing to service on this work group will need to have heightened awareness regarding the various levels and types of harassment, motivation to examine AMTA's current documents and seek collaboration or consultation with the relevant organizational arms within our association. Our NER representative is Eve Montague with Meredith Pizzi as a consultant.

### **-Nominations and approval of the 21 st Century Education Commission**

Brief Background: President Weldon-Stephens created a Task Force for the 21 st Century Music Therapist Commission to efficiently, thoughtfully and strategically organize how to form this important new Commission. The Task Force included the following Board members: President-Elect Deb Benkovitz Williams (Chair), Michele Forinash, Mike Silverman, Gary Verhagen, and Eric Waldon. The Task Force's recommendations approved by the Board included the following:

The new Commission will have 11 voting members. The Task Force will recommend a total of five appointees to the Board. Six Commission members will be elected by the Assembly at the 2018 AMTA Conference in Dallas, Texas.

### **AIAC report**

1) For all internship directors, please make sure you are requesting a letter of eligibility from every program director for each student.

2) Thank you to everyone who completed the Annual Report, for those of you who did not, your regional rep will be contacting you and requesting the information needed that brings you back into compliance.

3) The committee continues to address the Board task of creating sustainable models of internship. We continue to gather data and have already identified significant technology needs.

\*Meredith Pizzi has a new internship site at Roman Music Therapy Services, in it's second year now. Annette Whitehead-Pleaux is now the national roster internship supervisor for Roman Music Therapy Services. There are currently 5 national roster internship sites in the New England region. Roman Music Therapy (MA), Birch Bay Village (ME), Jewish Home for the Elderly (CT), Riverview/Albert J. Solnit Ctr (CT), Season's Hospice (MA). Connecticut Juvenile Training Ctr (CT - \*closed as a site as of 6/18\*). All NER approved national roster sites currently take one intern at a time.

We currently have 87 national roster openings. Please send all site updates to Jane Creagan.

### **APAC report**

1. APAC has, as a primary task, to approve new programs and re-approve existing academic programs:

- At the moment there are 82 approved programs in music therapy: 34 offer bachelor's and master's degrees, 43 are bachelor's only, and 5 are master's only. Eight of those programs also offer a doctoral degree

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- This year one degree program closed at Marylhurst University. The entire school is shutting its doors. All students interested in continuing have found internships or transferred to another music therapy program
  - To date, in 2018, three new bachelor's degrees and 2 new master's degrees have been approved:
    - BM, University of TN at Chattanooga
    - BM and equivalency, Rowan University in Glassboro, NJ
    - BS, Indiana Univ-Purdue Univ at Indianapolis;
    - MMT, Alverno College in Milwaukee, WI
    - MMT, University of Dayton in Ohio
  - Three new program applications are under review
  - Two Reapprovals were granted, for College of Wooster and IUPUI
2. APAC proposed two changes to the Standards for Education and Clinical Training. One was to add language clarifying that music therapy program directors should be music therapy faculty and delineating responsibilities for that role. The other clarified the Standards for the Advanced Clinical Skills requirement.
  3. The committee has established firm deadlines for new program and reapproval applications. New program applications are accepted by Jan 1 the year before a program hopes to enroll. Reapprovals are the year following a NASM visit and are due June 1. With advance notice, an alternate deadline for submission of Oct 1 will be accepted.
  4. We have revised our new member orientation processes as well as the process for handling substantive questions or concerns regarding the establishment or maintenance of music therapy programs.
  5. Betsey King will be stepping down as Co-chair next year and will resume her role on APAC as an At-large member. The Board has approved Mike Zanders to fill the vacancy as Co-chair. The Southwestern Region will appoint a replacement for the regional rep position vacated by Mike. The Midwest Region also will appoint a new rep. There are two additional At-Large vacancies for which recommended members have been requested.
  6. Our committee work is year-round so we have adapted our meeting schedule and processes better address ongoing needs.
  7. In coordination with Jane at AMTA, we are working on a policy document and packet of information to come from the national office for schools that express interest in program development. We also will be sending a quarterly update and program tip to all known faculty.

### **Clinical Practice Networking Committee report**

As regional representatives to the CPNC (or substitutes), please read these points at your regional meetings on Saturday morning (or submit to the proper member of your regional association, if your region does not read talking points during those meetings):

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1. Clinical Practice Networking Committee representatives work to expand networking and mentoring opportunities by organizing and supporting networking events at regional conferences. In 2018, we have explored new and innovative formats for these regional networking events, and will work to bring successful elements to future regional and national networking initiatives.
2. Yesterday, our committee joined forces with the Standards of Clinical Practice Committee to facilitate the Clinical Practice Networking Luncheon. Despite incorporating a networking bingo strategy to encourage attendance, the event drew lower numbers of attendees than previous years with approximately 60 professional and student participants. The committee will work to recommend an alternative networking strategy for the next national conference, as a response to the present day needs and scheduling of the national conference.
3. Members of the CPN committee will work during the coming year to identify successful mentoring initiatives within the regions that could serve as models for other regions.
4. Please report any networking or mentoring opportunities occurring in the region to your CPN Committee regional representative, so that we can help support and keep track of such events.

### **Continuing Education report**

1. All 42 CMTE courses were held and paperwork given/received.
2. The CEC presented Tips for Presenting Strong Presentation Proposals. A thorough guide was created as a hand-out.
3. The CEC did a podcast at the invitation of Cathy Knoll.
4. Discussion was held on members sharing tasks for the National Conference.
5. Discussion was held on the idea of unifying application evaluations across the regions. A survey will be sent to all members to gather information and potentially begin this task.
6. Cont. Ed continues to have a seat on the Education and Training Advisory Board.

### **Diversity Multiculturalism report**

#### **Ethics Board report**

- A new interim code of ethics has been approved by the assembly
- While retaining all previously enforceable code items, this new code moves to an aspiration model of ethics, taking effect Feb 1, 2019.
- The ethics board will be developing materials as well as presenting more information and answering questions at regional conferences regarding the new code.

#### **Government Relations report**

1. There are now 47 states that have participated at some point in the State Recognition Operational Plan. Thirteen states either drafted, introduced, or carried over a total of 14 pieces of legislation this year. We anticipate the possibility of introducing some form of music therapy recognition legislation in 21 states in 2019.

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- 2) Eighteen states and two regions hosted Hill Days, advocacy trainings, or presented testimony at legislative hearings, involving over 250 music therapists, students, and music therapy advocates.
- 3) AMTA and CBMT sponsored a joint exhibit at the National Conference of State Legislators in Los Angeles, CA during summer 2018. The national team connected with 39 state legislative offices from 24 different states during the event. Many of the legislators and staff stopped to discuss music therapy and our state recognition efforts.
- 4) Now that the Midterm elections are over, we encourage members to reach out to re-elected and newly elected state legislators. This time before sessions begin in January is a great opportunity to educate officials about music therapy and to seek recommendations for state recognition.
- 5) Don't forget to participate in the Conference Advocacy Scavenger Hunt and turn in your checklist at the Advocacy Booth in the Exhibit Hall before 4:30 today to be eligible for the drawing during the business meeting this afternoon.
- 6) Please consider participating in national Arts Advocacy Day, March 4<sup>th</sup> and 5<sup>th</sup>, 2019 in Washington, DC. AMTA is a national partner for this event and serves on the legislative planning committee. Some regions have provided funding the last two years for one or two members to attend. The success of this involvement on state advocacy has been widespread, increasing networking opportunities and building connections with other arts groups in the states.

### **International Relations report**

1. Upcoming conferences
  - a. Canadian Association of Music Therapy Conference- May 23-25, 2019: Gatineau, Quebec
  - b. European Music Therapy Conference- June 26–30, 2019: Aalborg University, Aalborg Denmark
  - c. International Association of Music and Medicine- May 28–June 1, 2020: Berklee College of Music, Boston, MA
  - d. World Federation of Music Therapy, July 7–11, 2020: University of Pretoria, Pretoria, South Africa
2. Regional conference planning
  - a. The IRC would like to encourage conference committee organizers to include international music and presenters as a part of conference programming to help educate our members on various music forms and cultural exchange.
  - b. We would also like to see conference committees to encourage a statement on cultural humility as a part of concurrent session proposals for upcoming conferences.
3. The IRC is interested in developing a database of names and contact information for international music therapists who have been trained in the US and have returned home in an effort to support our current international students and interns. If you

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- know of any music therapists who might be interested in being a part of this database, please contact: Melody Schwantes, [melodyschwantes@gmail.com](mailto:melodyschwantes@gmail.com)
4. We are also looking to highlight music therapists who have participated in international conferences and experiences who may be interested in sharing their stories for AMTA publications.
  5. Academic programs: please let your IRC rep know of any international programs taking place over the next year. This will help give us some baseline information regarding which schools are offering these types of experiences.

### **Judicial Review Board report**

Julie Andring stepped down as Chair; Minda Gordon assumed Chair of the JRB.

It is felt that many AMTA do not know about JRB. Presentations at regional conference may be a way to communicate the work that this committee does. Julie has a powerpoint presentation on this and will share it with Board members.

The details of processing a case is still ensuing.

### **Professional Advocacy report**

The committee worked collaboratively with AMTA's videographer to create three professional videos for dissemination to the membership regarding the evaluation of representations of music therapy in the public and various forms of the media.

The following videos are will be published early 2019:

- What do you rock and what do you want to role?
- Shifting from correction to connection
- Advocate with intention and sensitivity

The committee is planning presentations at regional conferences and publications to educate members about advocacy.

The committee has developed subcommittees to evaluate current committee guides for membership.

The committee developed a new subcommittee to create a plan to develop guidelines to respond to the development of Music-based Apps that relate/overlap with music therapy in collaboration with a representative from the Technology Committee and with AMTA staff liaison Angie Elkins.

The committee continues to assist and monitor member's responses to advocacy issues, By monitoring and responding to misrepresentation of music therapy.

### **Research report**

#### **Research Poster Session**

- 70 submissions, 69 sent to committee, one withdrawn for IRB issues
- 58 posters will be presented

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- o some not accepted by committee
- o some withdrawn due to non-completion, lack of travel funds, also chosen for concurrent session with same work, other personal issues
- 4 posters selected for oral poster session (see below)
- Online submission format that was piloted this past year was continued
- Posters will be grouped by seven goals outlined at MTR2025 pending physical format of presentation area

### **Oral Sessions**

- Sara Folkening Harbour, Texas Women's University, The transition phase: Characteristics, experiences, and burnout of music therapists in the first certification cycle.
- Maxwell Corrigan, Orlando Health, Pre-recorded heartbeat sounds and mother singing to promote analgesia and mother-infant bonding within the context of a retinopathy of prematurity screening
- Abbey Dvorak, The University of Kansas, and Eugenia Hernandez-Ruiz, Arizona State University, Outcomes of a Course-based Undergraduate Research Experience (CURE) for music therapy and music education students
- Anita Swanson, Converse College, and Kristin Thomanschefsky, St. Catherine's University, Impact of a music therapy group on mobility and non-mobility outcomes in persons with neurologic disorders

### **Research Committee Sponsored CMTE (NEW THIS YEAR)**

Title: Conducting clinical research: A guide through the research process

Format: Presentation, 5-hour CMTE

Presenter: Annie Heiderscheit, Nancy Jackson, Kathy Murphy

Session Description: This workshop is designed to support music therapy clinicians in designing and conducting research in their clinical setting. The workshop focuses on helping them determine their clinical research interest, accessing and reviewing the literature, identifying mentors and collaborators, identifying their research question and designing their study.

### **Clinician Research Grant:**

- CRG proposal was revised for next submission cycle for 2018-2019; language in the proposal will be revised to clearly articulate the need for the faculty researcher to provide access to an IRB and to help clinician researcher through the approval process
- Call for proposals will be disseminated this fall with a due date of December 15, 2018. Members of the research committee will review proposals with a decision made by the end of January, 2019.

### **Research Committee Presents:**

Title: Publication Ethics: Six Questions Facing Authors and Editors

Format: Panel format, 75 min panel session

Panelists: Sheri Robb, Barb Else, Tony Meadows, Laura Beer, Jennifer Jones, Helen Shoemark

Session Description (50 words, program): Saturday 8:00-9:15 am

AMTA journal panelists will explore and address six common publication ethics questions, followed by open questions from session participants. Questions include: What constitutes authorship? What is token authorship? Is it plagiarism if...? What should students/mentors consider with regard to authorship? What is meant by fragmented publication? What about intellectual property and copyright?

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Title: Knowledge Frameworks and Philosophical Underpinnings: A Primer

Format: Presentation, 75 min session

Presenter: William Matney

Session Description (50 words, program): Friday 2:15-3:30 pm

Diversity in music therapy research leads to a need for great understanding and clearer reporting in many facets. This presentation will prepare researchers to better understand and more clearly report philosophical and theoretical positions in their research through the four elements of the knowledge framework.

Title: Collaboration in Clinical Research

Format: Presentation, 75 min session

Presenters: Ellary Draper, PhD, MT-BC & Laura Brown, PhD, MT-BC

Session Description (50 words, program): Friday 8:00-9:15 am

Researchers often use collaboration create and implement research studies. This session explores collaboration in clinical research: partnerships between music therapy researchers, music therapy clinicians, and other related professionals. Examples of how these partnerships developed, the projects that resulted, and ideas for future collaborations will be included.

Title: How to Begin your First Research Project: From Research Question to Method

Format: Presentation, 75 min session

Presenters: Michael J Silverman and Katrina S McFerran

Session Description (50 words, program):

The idea of conceiving a research project can be intimidating for beginning researchers. This session is designed to showcase a model for beginning your first research project and successively narrowing a number of initial interests into a realistic yet intriguing research project.

## **Reimbursement report**

- 1) The committee contributed to a reimbursement survey that was recently conducted to collect detailed data on diagnostic and billing codes related to successful reimbursement. Analysis of the data should be available in early 2019.
- 2) Tools and print resources created for members are being housed under a new Reimbursement Heading in the Member Resource section of the website. Resources available now and new resources available in the coming months include the CPT Code Fact Sheet, a Reimbursement Committee Webinar by SWR Representative Kate Harrison and SER Representative Jennifer Puckett, a HIPAA Webinar, and one-page overviews of specialized funding topics for specific situations, i.e., Worker's Compensation, "Incident-To" billing, and Prompt Pay Discounts.
- 3) Regions report a variety of reimbursement successes through various private and public third party payers, but rates and sources of reimbursement vary by state.
- 4) Federal regulation and Executive Order changes to the Affordable Care Act have the potential to limit access to services that were originally guaranteed through the ACA. The national office staff are monitoring these changes and are collaborating with

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Washington-based coalitions to advocate for continued coverage of essential health benefits and pre-existing conditions.

5) In 2019, the committee will conduct outreach to academic programs in each region to offer live or virtual trainings to help educate music therapy students about the reimbursement process.

### **Standards of Clinical Practice and Education report**

- After receiving feedback from both the AMTA Board and the CBMT Board on the draft of the Standards, it was decided for us stop working on those at this time due to the large overlap of the draft of the document and the CBMT Board Certification Domains.
- We, with the assistance of our Council Coordinator, sent questions regarding our task and the direction of the committee in how to move forward with updating the Standards of Clinical Practice.
- We spent our meeting time pulling parallel documents from other related fields (OT, PT, SLP, Dance Therapy, Counselors, Art Therapy, Drama Therapy) as well as other music therapy associations, and creating a comparison table.

### **Technology report**

- We are in the process of creating a survey to send to members about technology needs
- We will be focusing on CMTEs
- If you are a technology specialist, we are updating our AMTA technology specialist list, so let us know
- We are waiting to hear back from the board about music streaming services and Terms of Use for businesses and in therapy sessions
- FOLLOW US ON SOCIAL MEDIA AND SEE OUR NEW LOGO @amtatechstop

### **Workforce Development and Retention report**

The Workforce Development and Retention Committee continues to discuss development initiatives for regional access of interested high school seniors, advisors and counselors to Music Therapy Profession and Conferences. Committee is working on several pieces including technology ideas and infographics to help facilitate this area.

### **State Task Forces**

- CT - scope of practice and related information has been submitted to Public Health Committee.

### **Opportunities for Involvement**

Clinical Networking Standing Committee Representative  
Continuing Education Standing Committee Representative  
Scholarship Reviewer for AMTA, January  
Financial Committee Chair, after Spring Conference 2019  
Diversity and Inclusion Task Force member

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### **Good and Welfare**

All are invited to Leadership Academy today at 1:30pm

South Shore Conservatory, South Shore, MA has an opening for a music therapist that will

Heather Wagner is a candidate for Vice President-Elect AMTA

Judy Nie is candidate for Vice President-Elect of AMTAS

Financial Committee is seeking fundraising ideas and for more members.

Maine now has 12 music therapist. Senators are interested in state task force work.

Berklee free CMTE- Discourse and

Channing moved to adjourn.

Joy seconded.

Meeting adjourned at 10:47am.