NER-AMTA CONFERENCE 2020: RESTORING THE MUSIC IN YOU

PRELIMINARY PROGRAM! SUBJECT TO CHANGE!

For more information:
http://www.musictherapynewengland.org/2020-conference/

NEW ENGLAND REGION OF THE AMERICAN MUSIC THERAPY ASSOCIATION

NER-AMTA CONFERENCE 2020
APRIL 23 - 25 2020
STOWEFLAKE RESORT AND CONFERENCE CENTER
STOWE, VERMONT

#NERAMTA2020
THURSDAY, APRIL 23RD SCHEDULE

7AM - 5PM  REGISTRATION OPEN
7AM - 7 PM  NURSING MOTHERS ROOM
9 AM - 12 PM  CMTE A & B
12 PM - 1 PM  LUNCH ON YOUR OWN
1 PM - 4 PM  CMTE C
1 PM - 6 PM  CMTE D

4 PM - 6 PM  BEING AN ALLY: CREATING UNIFYING AND INCLUSIVE SPACE
Come join us for FREE 2-hr CMTE for ALL registered attendees on creating safe spaces for our community. For more information see page 5 of the program.

6PM - 7 PM  NER-AMTA TOWNHALL
Join board members at a special town hall hosted to address the concerns of our members and address themes discussed at this year's national conference.

7:30 PM - 9 PM  OPENING NIGHT CEREMONY
Come together in music and dance to celebrate the opening of our community. Headlining our conference performance will be local Vermont talent: Honey & Soul!
CMTE A - A PILE OF DUST: CREATING POST-MINIMALIST THEMES FOR THERAPY
Colin Lee, PhD
Developing musical resources and the art of clinical musicianship is central to the pedagogy of aesthetic music therapy. Understanding the clinical-artistic compositional structures of improvisation and how this is influenced by contemporary composers is central to its development. The music of Max Richter and Johann Johannsson has significantly influenced the authors recent work and will form the core of this workshop. Through understanding the simplicity and emotional directness of their compositional styles, participants will be given the structural-musical tools to create post-minimalist compositions and improvisations for their own individual clinical work. Exploring the broad musical landscapes of this style through extended improvised examples, participants will begin to understand the importance of creating music for client’s that accurately reflect the human experience of loss. Participants who play orchestral and non-western instruments instruments are encouraged to bring them as a means to explore this powerful musical form.

CMTE B - AN OVERVIEW OF SPEECH LANGUAGE, DEVELOPMENT, DISORDERS AND TREATMENT
Kathleen Howland, PhD
The opportunity to treat speech/language and swallowing disorders is an area with tremendous possibility. The research for speech/language disorders across the lifespan benefitting from music therapy is vast. It all comes down to knowing the underlying anatomy/physiology of shared and distinct neural systems and the rationale supported by research in order to treat people with communication and swallowing disorders. This proposed continuing education program will provider the participant with an overview of speech/language development and disorders, a rationale for music-based interventions, a variety of music-based interventions to apply that distinguish our work from speech-language pathologists and a case study reflecting the breadth of the work. The presentation will include NMT protocols and beyond, leveraging neuroscience research findings into clinical interventions.
CMTE C - IMPROVISATIONAL MUSIC THERAPY AND SYNCHRONIC ABILITIES IN NEURODEVELOPMENTALLY DIVERSE CHILDREN  
Kayla Daly, MA, LMHC, MT-BC

Synchronicity, or the ability to anticipate and/or adapt to another, is vital to healthy attachment processes in human development. Music-centered interactions provide an ideal environment for parents or legal guardians and their children to explore the array of experiences that promote healthy bonding. Through hands on experientials, case presentations and a review of research we will navigate how to implement these interventions into everyday clinical practice.

CMTE D - SUPERVISING THE NATIONAL ROSTER INTERN  
Brian Jantz, MA, MT-BC, Eve Montague, MSM, MT-BC

This supervision CMTE has been designed to prepare prospective internship directors/supervisors for their role in the training and supervision of music therapy interns as well as provide "refresher" supervisor training to music therapists who currently supervise music therapy interns. The course provides the supervision training requirement for potential national roster internship directors according to the standards stated in the AMTA National Roster Internship Guidelines. All relevant internship training documents will be reviewed as it pertains to the supervision process. These documents include: Standards for Education and Clinical Training; National Roster Internship Guidelines; National Roster Internship Application form; and AMTA Professional Competencies, which provides the foundation for intern training, supervision, and evaluation. Stages of internship will be thoroughly reviewed with attention made to the role of the supervisor during each stage. A comprehensive overview of various supervisory topics will be presented, including: supervision models, motivational techniques, problem solving, conflict resolution, performance planning, multicultural considerations, music in supervision, self-care, performance management, intern evaluation, and administrative tasks. Establishing partnership with academic faculty for training students will be discussed with emphasis on early collaboration. The session will also include time for attendees to discuss specific challenges encountered in supervising interns in order to promote group discussion on effective supervision approaches.
BEING AN ALLY: CREATING UNIFYING AND INCLUSIVE SPACE

THURSDAY APRIL 23RD, 4PM - 6PM!
FREE 2 HOUR CMTE WORKSHOP FOR ALL CONFERENCE REGISTRANTS!

What does it feel like to experience an environment where everyone feels valued and included? What does one do to contribute to the development and improvement of the experience of everyone involved?

AS PARTICIPANT OF THIS INTERACTIVE WORKSHOP YOU WILL BE ABLE TO:

- As participant of this interactive workshop you will be able to:
- Define Allyship
- Discuss “Who can be an Ally and what do they do?”
- Examine personal beliefs, stereotypes and unconscious bias
- Identify behaviors and actions that create a unifying and inclusive environment
- Assess personal/professional opportunity and capability for Allyship

KAREN R. YOUNG CONSULTING

Karen R. Young is a consultant and coach focused on inclusion as an innovative and strategic lever for business results. As a former inclusion executive she led enterprise-wide, multi-year inclusion business strategies and has extensive experience in developing inclusion as a leadership capability.

Karen holds a Master of Social Work from Boston University and a Bachelor of Arts in Education from Barrington College. She was the recipient of the 2016 Carl Sciortino Ally award from the Massachusetts Transgender Political Coalition and has received the Compassion, Courage and Professionalism Award from the Northeast Human Resources Association. Karen currently serves on the Board of Directors of Boston Alliance of Gay Lesbian Bisexual Transgender Youth (BAGLY), the Board of Directors of the Massachusetts LGBT Chamber of Commerce, Pride In Our Workplace and is a Member of the Perkins School for the Blind Corporation.

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## FRIDAY APRIL 24TH SCHEDULE

### 7:00 AM - 8:00 AM
- **REGISTRATION OPEN**

### 10:00 AM - 12:00 PM
- **BUSINESS BREAKFAST**
  
  Come join NER-AMTA members and the board to hear the latest updates on the AMTA and our region. Breakfast is provided with registration.

### 2:00 PM - 6:30 PM

### 8:00 AM - 10:00 AM
- **NURSING MOTHERS ROOM**

### 7:00 AM - 7:00 PM

### 10:15 AM - 11:30 AM
- **CONCURRENT SESSION 1**

### 12:00 PM - 1:00PM
- **KEY NOTE ADDRESS**
  
  Colin Lee, PhD

### 1:00 PM - 2:00 PM
- **NETWORKING LUNCH**
  
  Join us for a lunch with your community, connect with old and new peers, or explore connections based on common interests and work. Buffet lunch included with registration.

### 2:00 PM - 3:15 PM
- **CONCURRENT SESSION 2**

### 3:30 PM - 4:45 PM
- **CONCURRENT SESSION 3**

### 5:00 PM - 6:15 PM
- **CONCURRENT SESSION 4**

### 7:30 PM - ONWARD
- **NER-AMTA COMMUNITY NIGHT**
  
  Come join us in music during NER-AMTA's new community night!

  - Open jam rooms BYOI (bring your own instrument)
  - Drum Circle
  - Chant Circle
  - Open art rooms
  - Specialty interest group meetings
  - Open Mic hosted by NER-AMTAS
RECERTIFICATION REBOOT, CONVENIENT, ECONOMICAL, AND CERTIFICANT-CENTERED

Hindi Burkett, MT-BC

Acquiring 100 recertification credits does not have to be confusing or costly! We will review the newly released CBMT Recertification Manual Seventh Edition, identify new and updated areas for earning credits and evaluate various economical options for obtaining credits. We will also introduce the new online platform for recording continuing education credits. Bring your recertification questions and scenarios for thoughtful discussion and suggestions!

SCHOOL BASED MUSIC THERAPY: A TALE OF TWO CITIES


Learn more about how music therapy programs begin and become established within school districts. Two different programs will be highlighted in this session with information regarding funding, populations served and growth of the programs over time. The session will culminate with a panel discussing state recognition of music therapy and the impact it can have on school based music therapy programs.

10 YEARS OF PERFORMANCE BASED MUSIC THERAPY - WHAT WE KNOW SO FAR

Kevin Leong, MA, MT-BC, NMT; Brandon Hassan, MT-BC, NMT

A review of Performance Based Music Therapy after 10 years of practice at A Place To Be. Presenters will be examining clinical theory, implementation, structure and ethics of PBMT through case studies and demonstration.

ROUNDTABLE ON RETENTION

Sarah Gagnon, MT-BC

The WDR Committee Representative cordially invites you to attend discussion about retention issues facing music therapists in our region.

YOU’VE GOT THIS: EASING PRACTICUM ANXIETY FOR THE STUDENT THERAPIST

Sophia Paravalos and Abigail Hennigan

Do you experience anxiety when going to your practicum site? You are not alone. Going to a new site as a student for the first time can be scary and overwhelming. Come hear from other students on their practicum anxiety experiences and learn tips to bring your best supportive self to practicum.
KEYNOTE - BECOMING MUSIC: TOWARD AN INDIGENOUS THEORY OF MUSIC THERAPY

Colin Lee – PINNACLE A & B

Research in music therapy has developed, for the most part, from theories and methods outside of music. Aesthetic music therapy was developed not only as a music-centered approach to therapeutic work, but also as a way to consider the myriad means by which humans experience the world of self and others through music. In presenting a hypothetical indigenous theory of music therapy this presentation will highlight the need for music therapy to consider equally the musical structures that constitute its practice. By expanding our knowledge and use of diverse musical cultures, music therapy will remain at the forefront of contemporary theories in both the field of health and the arts. Through audio examples from the authors clinical work and recent interpretive improvised performances and recordings, an argument will be made for a theory of music therapy that is uniquely music-centered.

Colin Andrew Lee is Professor of Music Therapy at Wilfrid Laurier University, Waterloo. Following piano studies at the Nordwestdeutsche Musikakademie, he earned his Postgraduate Diploma in Music Therapy from the Nordoff-Robbins Music Therapy Centre, London, and his Ph.D. from City University, London, culminating in the music-centred theory of Aesthetic Music Therapy (AeMT) that was the subject of Colin’s debut monograph The Architecture of Aesthetic Music Therapy (Barcelona Publishers, 2003). His subsequent books include, among others, Improvising in Styles: A Workbook for Music Therapists (with Marc Houde; Barcelona Publishers, 2011), Paul Nordoff: Composer and Music Therapist (Barcelona Publishers, 2014), and Music at the Edge: The Music Therapy Experiences of a Musician with AIDS (2nd edn; Routledge, 2016). In 1996 Colin helped form the Towersey Foundation, a charity that promotes and creates positions for music therapy in palliative and end-of-life care.
Becoming Music: Toward an Indigenous Theory of Music Therapy

Research in music therapy has developed, for the most part, from theories and methods outside of music. Aesthetic music therapy was developed not only as a music-centered approach to therapeutic work, but also as a way to consider the myriad means by which humans experience the world of self and others through music. In presenting a hypothetical indigenous theory of music therapy this presentation will highlight the need for music therapy to consider equally the musical structures that constitute its practice. By expanding our knowledge and use of diverse cultures, music therapy will remain at the forefront of contemporary theories in both the field of health and the arts. Through audio examples from the authors clinical work and recent interpretive improvised performances and recordings, an argument will be made for a theory of music therapy that is uniquely music-centered.

Presentation Notes
Conference delegates are asked to consider this presentation as a contemplative concert. Central to the philosophies being discussed are audio examples. During the music we ask you to close your eyes, and listen to sound and silence with emotional focus. We request that you do not use electronic equipment during the presentation. At the end you are requested not to applaud, but rather take time for yourself and leave the room in silence.
KEYNOTE – BECOMING MUSIC: TOWARD AN INDIGENOUS THEORY OF MUSIC THERAPY (CONT.)

Program

AUDIO, Intrada: A Therapists response to Partita in D minor for solo violin (BWV 1004) by Johann Sebastian Bach.

Introduction and Acknowledgments

Music, Words and Context

AUDIO, Remembering Margaret

Music-Centered Indigenous Theory, Moment of Contact and Musical Identity

AUDIO, Changeless: Clinical Improvisation – Piano Four Hands (client and therapist)

Paul Nordoff: Composition and Clinical Form

AUDIO, Paul Nordoff – E.E. Cummings Songs

1. Nobody Wears a Yellow
2. Buffalo Bill

Leslie Fagan: Soprano
Leslie De’Ath: Piano

Bridging Musical Cultures

AUDIO, Meeting (student experiential)

“Your Love Will Live in Me” – Diversity and Queer Music Therapy

Multitudinous Seas – Music Therapy and Post-Minimalism

Contemplative Landscapes – Artistic Integrity and the Future of Music Therapy

AUDIO, In Memoriam Johann Johannsson
EMOTIONAL PROCESSING AND CREATIVE EXPRESSION WITHOUT MEMORY

Xingyu Yao, MT-BC

Through a case study in an assisted living setting, participants will witness the power of music in emotional processing and creative expression. They will leave the workshop rethinking the relationships of our mind, memory, aging, and creativity.

COMMUNICATION TO COLLABORATION: A PEDIATRIC MUSIC THERAPY PANEL DISCUSSION

Marisabelle Díaz-Falcón, MT-BC & Mark Fuller Jr., MT-BC

This presentation brings together pediatric music therapists from the New England Region to discuss the current guidelines and practices of their clinical care. Discussion themes include: Program development, clinical practice, and standards of care. Attendees will gain knowledge to enhance their skills to integrate and communicate among their interdisciplinary team.

PRINCIPAL INSTRUMENTS IN MUSIC THERAPY PRACTICE: EXPANDING YOUR TOOLBOX

Alison Dagger, MA, MT-BC

This presentation details process, outcomes, and literature related to an art-based research project seeking to understand music therapist’s relationship to instrument and if this impacts the therapeutic relationship. Participants used improvisation, visual reflection, and journaling to notice differences between connection to principal instrument versus competency instrument of their choice.

SOUND HEALING TECHNIQUES AND APPLICATIONS IN MUSIC THERAPY

Erin Raber

This workshop explores the possibilities of integrating ancient and modern sound healing techniques in music therapy practice through hands-on use of certain sound healing tools. Benefits of the use of vibrational frequencies will be discussed, as well as possible usefulness and appropriateness in practice and for self-care.

GET IT TOGETHER! TOOLS & TECHNIQUES FOR SESSION PLANNING, PRACTICE AND DOCUMENTATION

Peri Strongwater, MA, MT-BC, Neurologic Music Therapist

“What interventions should I do today?” “When can I schedule Supervision?” “Where’s my capo!?!?” Music Therapy is hard enough without having to sweat the little things! This presentation will introduce organizational techniques to support a more productive clinical practice (and real life too!). Attendees will workshop a session plan template for their own use.
INFORM YOUR FUTURE! MEET THE COMMISSION

Marisol Norris, Ph.D., MT-BC

Members of the Commission on the Education and Clinical Training of 21st Century Music Therapists will highlight information, including charges from the AMTA Board; responses to two key questions presented to the MT community; review previous work and next steps; and emphasize the importance of connecting with the Commission.

GROUP SESSIONS WITH THE ADULT IDD POPULATION

Maura Pastran, MT-BC, Billie Junget, MT, Maureen Young, MT-BC, Kimberly Schlesinger, MT-Intern

This presentation is designed with the intention of sharing relevant information, including interventions, professional experiences, strategies, and techniques, on music therapy in group settings with the Adult IDD population.

CARING FOR FAMILIES AND INCREASING RECOGNITION THROUGH A PEDIATRIC PALLIATIVE CARE PROGRAM

Jen DeBedout, MM, MT-BC, Jessica Boyea, BS, BSN, RN, Maggie Connors, MT-BC, Ellie May Brain, MT-BC

A state wide pediatric palliative care program fully funds expressive therapies and has increased state wide recognition of music therapy. The PPCP program director will share information and music therapists will present about their clinical work. A panel will present on how obtaining state recognition would further benefit this program.

ADVOCATING FOR MUSIC THERAPY DEMENTIA CARE SERVICES: WHAT THE RESEARCH TELLS US

Suzanne B. Hanser, EdD., MT-BC

What is the science behind music therapy for dementia care? This session is intended to help music therapists advocate for professional services for those with dementia and their family caregivers by providing them with research evidence and knowledge of the underlying mechanisms that make music therapy effective.

SELF-CARE MANIFESTO

Tristan Stewart, Certified Yoga Teacher (RYT)

As healthcare professionals, it is imperative that we are living, breathing examples of what we teach. Therapists too often lose themselves under the guise of helping others. In this self-care masterclass you’ll learn how to prioritize your needs, benefiting yourself and everyone around you.
THEORY & APPLICATIONS OF LIVE SOUND DESIGN
Brandon Hassan, MT-BC, NMT

The content of this session aims to educate the modern therapist in the fundamental skills necessary to understand sound design as well as practical application of those skills. If clients are creating a show, putting on a performance, or even using sound equipment in an individual session or group, it’s the modern therapist’s responsibility to understand how to do that.

BEYOND WORDS: EXPLORING JEWISH WORDLESS SONG IN CLINICAL PRACTICE
Hannah Shefsky, MA, MTBC

Explore the rich tradition of Jewish wordless songs, or niggunim (singular: niggun). This experiential session will provide a cultural, historical, and musical background to the niggun, examine how it compares to voicework approaches in music therapy, and offer a framework for use in clinical practice.

QUEERSTORY: HISTORY OF QUEER LEADERSHIP IN AMTA
Michele Forinash, DA, MT-BC, LMHC; Annette Whitehead-Pleaux, MA, MT-BC

This presentation will focus on the results of a historical research project on queer leadership in AMTA. While queer people have served in leadership roles for many years, their queerness may have been somewhat invisible. Attendees will learn about the contribution of queer leaders to AMTA.

THE INS AND OUTS OF MUSIC THERAPY IN EARLY INTERVENTION
Jennifer Chute, MA, MT-BC

Music Therapy in Early Intervention is critical and rewarding work. However, there are many challenges that come up that are unique to Early Intervention. This presentation will provide information critical for music therapists working in EI and resources that will help in their practice.

THE TREE OF MUSIC: A PRACTICE TOOL FOR CLINICAL IMPROVISATION
Diana Cortes, Student Music Therapist at Berklee

This practice tool will help the participants layout the possibilities there are during an improvisation by mix-and-matching different approaches to musical elements. Participants will improve their confidence by having a clear idea of what resources there are to musically meet the client where they are in a moment of clinical improvisation.
SATURDAY APRIL 25TH SCHEDULE

7AM - 5PM
REGISTRATION OPEN

7AM - 7 PM
NURSING MOTHERS ROOM

9 AM - 10:15 AM
CONCURRENT SESSION 5

10:30 - 11:45 AM
CONCURRENT SESSION 6

12:00 - 1:15 PM
CONCURRENT SESSION 7

1:30 PM - 2:00 PM
CLOSING CEREMONY

2:15 - 4:15 PM
NER-AMTA BOARD MEETING

3:00 - 6:00 PM
CMTE E & F
NER-AMTA CONFERENCE 2020

PLACES OF POSSIBILITY: REFLECTIONS ON MUSIC THERAPY IN MENTAL HEALTH RECOVERY

Caryl Beth Thomas, MA, LMHC

My long career in various mental health services continually affirms to me that Music Therapy is key to ones personal and social recovery process. Time shared in music has been full of experiences that spark something unexpected, new, and positive, while also connecting to core strengths that one has always possessed.

GIVE IT AWAY: WHY MUSIC THERAPISTS SHOULD SHARE WHAT WE KNOW

Lisa Kynvi, MA, MT-BC, LMHC

We’ve all been frustrated by public lack of knowledge of and respect for this field we love. One way to help solve this problem is to “give away” what we know that could be helpful to the general population or specific subsets. Come discuss this fresh advocacy idea!

PERSONAL BIASES: GETTING CONSCIOUS ABOUT YOUR UNCONSCIOUS

Karen Wacks, Ed.M, LMHC, MT-BC; Cathy Kane, MA, MBA, Brenda Stevens Ross, MBA,

Despite our best intentions, we make assumptions about others, often unconsciously. By identifying these hidden biases, we can improve our interactions with clients, organizations, and communities. Based on multidisciplinary research relevant to AMTA’s Code of Ethics, this workshop aims to increase awareness and effectiveness through authentic interaction, self-reflection, and action planning.

MUSIC THERAPY IN A SCHOOL SETTING

Jennifer Chute, MA, MT-BC; Eliza Trickett, MT-BC; Katie Bagley, MT-BC; Marcie Rozek-Arena, MT-BC

This presentation will cover the different kinds of school-based services there are and the differences between them. The presenters will then cover cultural awareness, ethical concerns and safety in a school setting. The presentation will end with intervention ideas that audience members can use in their practice.

REDEFINING THE MUSE: (MOVEMENT; UNITY; STORYTELLING; EMPOWERMENT) MUSIC THERAPY FOR TRAUMA SURVIVORS

Gabby Michelle Tulloch

In recognition of the social-political climate of sexual assault, gender-based harm and domestic violence, this presentation provides supporting research and session tools to encourage music therapy professionals to be responsive in our field to the outpouring of these cases, and to expand our services to better support survivors.
THE CLINICAL VALUE AND IMPLEMENTATION OF LEGACY WORK WITH TERMINALLY-ILL PATIENTS AND FAMILIES

Terry Lee Glusko, MS, MT-BC, HPMT and Evelyn Amato, MS, MT-BC, HPMT

This session will explore various therapeutic outcomes related to goals for supporting patients & families facing life-limiting illness. Real case studies will provide learners with a toolkit of creative interventions that encourage validation of meaning & purpose; life-closure; and linking objects that promote continuing bonds after loss.

MUSIC THERAPY WITHIN THE EARLY INTERVENTION SYSTEM

Aliza Llovet MM, MT-BC, NICU Music Therapist, CEIS; Jessica MacLean Shekleton MA, MT-BC, Neurologic Music Therapist; Caroline Del Rey MM, MT-BC, NICU Music Therapist

The session will focus on the benefits of music therapy in the early intervention setting. The session will include benefits in an array of domains, family testimonials, and audience participation. Attendees will gain an understanding of early intervention practices and impact of music therapy in the early childhood setting.

BUILDING SOCIAL CONNECTIONS THROUGH MUSIC: AN INTRODUCTION TO STOMP

Conio Loretto, MS, LCAT, MT-BC; Kenneth Farinelli, MT-BC

During this highly interactive, experiential session, attendees will be introduced to STOMP, a unique music and movement program developed by a team of Music Therapists, a Dance Therapist and a Dance Teacher. Designed for children with autism spectrum disorder, the program draws upon the inherent qualities of rhythm to ground, organize and connect those participating in it.

WHAT YOU NEED TO KNOW: PHYSICAL SELF-CARE FOR THE MUSIC THERAPIST

Adrienne Flight, MMT, MT-BC; Wendy Krueger, MA, MT-BC

Music therapists experience a variety of obstacles, including strain to the voice, shoulders, arms, hands, and back. These issues impact music therapists’ careers, finances, and cause emotional hardship. This session will offer opportunities to share and learn about physical self-care for music therapists to promote wellbeing and career longevity.

OPENING THE DOORS FOR DIVERSITY: AN EXPLORATION OF FINANCIAL SUPPORTS WITHIN THE MUSIC THERAPY FIELD

Nataly Kruh Elendt, Music Therpay Student

Recent discussions within the music therapy field have highlighted the role of diversity and inclusion in promoting field development. Join in an exploration on how the lack of financial incentives for music therapy students hinders the diversification process, impacts areas related to clinical development, and contributes into systematic forms of oppression.
REPRESENT, INFLUENCE, CHANGE, ENERGIZE: UNCOVERING THE MYSTERY OF THE ASSEMBLY OF DELEGATES
Carylbeth Thomas, Linda Bosse, Heather Wagner, Adrienne Flight
What is the Assembly of Delegates and how do they represent me? How do members and clients influence the Assembly of Delegates? How can I impact change within the Assembly if I’m not a delegate? Uncover these mysteries and energize yourself to get involved!

HEARTSONG: PROCESS AND CLINICAL APPLICATIONS OF RECORDED HEARTBEATS
Trish Jonason, MT-BC, Sonya DiPietro, Music Therapy Intern
The use of recorded heartbeats has received much media attention in the last few years. At UMass Memorial Medical Center, we create HeartSongs to meet a variety of clinical needs, including legacy building and bereavement. We will examine the process of capturing a heartbeat and creating a HeartSong using GarageBand.

ETHICS BOARD PRESENTS: NAVIGATING OUR ASPIRATIONAL CODE OF ETHICS
Jennifer Sokira MMT, LCAT, MT-BC
This session will engage participants in navigating ethical dilemmas using our AMTA Code of Ethics, an aspirational document which was adopted in November 2018. After reviewing the background and rationale for the shift to this new way of ethical thinking, participants will have the opportunity to use several ethical decision making models to work with ethical dilemmas.

MOVING TO THE BEAT: THE IMPACT OF RHYTHMIC MOTOR MOVEMENT ON COGNITION
Cacia King, MM, MT-BC
Movement is essential for all humans, and there is a growing body of evidence to support that rhythm effects cognitive processing. In this presentation, we will examine the potential that rhythmic motor movements have on improving cognitive processing time, and the implications for music therapists.

JOBS FOR MUSIC THERAPY STUDENTS: PREPARING FOR OUR CAREERS
Delia Regan
Most students have jobs throughout college, but have you considered how it could benefit your future career as an MT-BC? This presentation goes over various examples of jobs and volunteer opportunities that can help music therapy students gain work experience, and can lead to a deeper understanding of various populations.
CMTE E - USING A DJ CONTROLLER AS AN ACCOMPANYING INSTRUMENT IN YOUR WORK

Mike Simonelli, MT-BC

This presentation will be a tutorial of how to use a DJ controller in sessions as an accompanying instrument as well as an instrument that can be played collaboratively with a participant. Attendees are welcome to bring their own laptop and DJ controller to learn how to do what we will be covering and apply it to their own work. The DJ controller that we will be using is the Numark Mixtrack Pro 3 (but I will also show how to use your laptop’s keyboard for attendees who do not own a DJ controller) the DJ program we will be using is Djay pro (but I will also show how to do the same things in the free program VirtualDJ for attendees who don’t want to pay for a DJ program). Some of the techniques that will be taught are sampling, setting cue-points, looping, changing key and tempo, and beat-matching. Facilitating free-styling / rapping activities and dance/movement activities with a DJ controller will be demonstrated (such as freeze-dance, leading dance-crazes, and original dance activities). We will also explore how to find and use instrumental/karaoke tracks, drum breaks, acapellas, as well how to create a backing track in a DAW (such as garageband) which you can facilitate on a DJ Controller allowing more flexibility in song-structure, tempo, and key (rather than just playing along with the track itself). There will be case study examples of how this instrument can be played collaboratively with the participant on one deck of the DJ Controller and the therapist on the other. It is my hope that attendees will walk away from this presentation with the knowledge of how to use this instrument and apply the techniques to the work that they are doing with whatever population they are working with.

CMTE F - “WHAT AM I DOING?”: A DISCUSSION OF FACTS & MYTHS IN THE PROFESSIONAL WORLD

Bryanna Tobin, MT-BC, Neurologic Music Therapist, CDP; Emily Hawley, MT-BC

Do you ever find yourself asking, “What am I doing?”, in regards to your work and identity in the field of music therapy? You’re not alone. In this CMTE, specifically sculpted for New Professional Music Therapists (1-5 years post-grad) and Advanced Students/Interns (final year students), participants will engage in an open discussion about entering the professional world. This CMTE will give participants the opportunity to discuss difficulties in their first years of professional practice, work towards identifying resources and flexibility within their post-graduate skillset, gain confidence in their continually refined professional identity, and space to network with fellow professionals. Additionally, the presentation and experiential will increase feelings of clinician validity within their practice as perspectives emerge from professionals across the spectrum of service and expertise. Key topics include professional collaboration and requisite training and skill set.